

Syracuse Daybreak
700 E. Brighton Ave.
Syracuse, New York

June 2019
Recreation Calendar



June Birthdays

1st Bill M. 6th Charles B. 7th Keetan E.
7th Casey S. 10th Devon J. 18th Roy G.
18th Brian F. 27th Donald S.

Community Outings:

12th – Bowling at AMF Strike-n-Spare
20th – Webster Pond and Picnic Lunch
25th – Five Below

Birthstone: Pearl

Flower: Rose

Colors: Light Blue & White

DAYBREAK: 315-498-4405

NOTE: A * represents programs requested specifically by clients at their monthly Program Planning Meeting.



Sunday, June 2nd

- 9:30-10:00** **What's in the News & Horoscopes**
10:00-11:00 **Table Games**
11:00-11:30 **Walk and Talk**
1:30-2:30 ***Wii Bowling**
2:30-3:00 **Walking Program**
3:00-4:00 ***Individual Activities/Small Groups**

Monday, June 3rd

~National Bathroom Reading Week~

- 9:30-10:00** **Bathroom Reading of the Day**
10:00-11:00 **Program Planning & Calendar Review**
11:00-11:30 **Monday Movement**
1:30-2:30 **Day Room Decorating**
2:30-3:00 **Walking Program**
3:00-4:00 ***Individual Activities/Small Groups**

Tuesday, June 4th

- 9:30-10:00** **Bathroom Reading of the Day**
9:45-10:00 **What is Eid al Fitr?**
10:00-11:00 **Craft – Group Painting Project**
11:00-11:30 **Cheese Alphabet**
1:30-2:30 ***Pet Visits with Harvey**
2:30-3:00 **Walking Program**
3:00-4:00 ***Individual Activities/Small Groups**



Wednesday, June 5th

~Baby Boomers Recognition Day~

- 9:30-10:00 Bathroom Reading of the Day
10:00-11:00 Entertainment by Ken Harms
11:00-11:30 Baby Boomers Claims to Fame
1:30-2:30 Bulletin Board Trivia
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Thursday, June 6th

- 9:30-9:45 Bathroom Reading of the Day
9:45-10:00 Stretch and Relax
10:00-11:30 Movie Morning
1:30-2:30 Yo-Yo Fun
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Friday, June 7th

- 9:30-10:00 Bathroom Reading of the Day
10:00-11:00 *BINGO
11:00-11:30 Mindful Meditation
1:30-2:30 Doughnut Trivia Group Crossword
1:30-2:30 Outside Walk and Talk
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups



Sunday June, 9th

- 9:30-10:00 New and Views
- 10:00-11:00 Crafts with Cindy
- 11:00-11:30 Walk and Talk
- 1:30-2:30 Table Games
- 2:30-3:00 Walking Program
- 3:00-4:00 *Individual Activities/Small Groups

Monday June 10th

- 9:30-10:00 Little League Week – Trivia
- 10:00-11:00 Up To Bat
- 11:00-11:30 Minor League Baseball Mascots
- 1:30-2:30 Dice Baseball
- 2:30-3:00 Walking Program
- 3:00-4:00 *Individual Activities/Small Groups

Tuesday June, 11th

- 9:30-10:00 Who was King Kamehameha?
- 10:00-10:30 Hula Hoop Contest
- 10:30-11:30 *Balloon Volleyball
- 1:30-2:30 *Giant Jenga
- 2:30-3:00 Walking Program
- 3:00-4:00 *Individual Activities/Small Groups



Wednesday, June 12th

- 9:30-10:00 A rose by any other name...
9:30-12:00 Bowling Trip to Flamingo Lanes
10:00-11:00 Wii Bowling
11:00-11:30 Wednesday Workout
1:30-2:30 Brain Games
2:30-3:00 Walking Program
3:00-4:00 *Individual Projects

Thursday, June 13th

- 9:30-10:00 Equal vs. Fair
10:00-11:00 Putt-Putt Golf for the U.S Open
10:00-11:00 *Reading with Barb
11:00-11:30 Golf Trivia
1:30-2:30 Wii Games
1:30-2:30 Backyard Games – KanJam
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Friday, June 14th

- 9:30-10:00 History of Flag Day
10:00-11:00 Flag Day Craft
11:00-11:30 Patriotic Hangman
1:30-2:30 Name that Tune – Songs about Dad
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups



Sunday, June 16th
~Father's Day~

- 9:30-10:00** Reminiscence – Stories about Dad
10:00-11:00 Father's Day Craft
11:00-11:30 Sunday Stretches
1:30-2:30 Wii Golf
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Monday, June 17th

- 9:30-10:00** Introduction to a Coloring Contest
10:00-11:00 Entertainment by Nadine Prince
11:00-11:30 *Karaoke
1:30-2:30 *Team Scattegories
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Tuesday, June 18th

- 9:30-10:00** Continue Coloring Contest
10:00-11:00 Cooking – Strawberry Shortcake
11:00-11:30 Alphabet Fish
12:00 Strawberry Shortcake served with lunch for
June Birthday Social
1:30-2:30 Dayroom Fishing
1:30-2:30 How far can you cast – Outside
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups



Wednesday, June 19th

- 9:30-10:00 All About Juneteenth
10:00-11:00 Finish Coloring Contest and Grab-Bag Crafts
11:00-11:30 Walk and Vote on Coloring
1:30-2:30 Wheel of Fortune
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Thursday, June 20th

- 9:00-10:00 Make Lunches for Outing
9:30-10:00 We're Gonna Need a Bigger Boat
10:00-11:00 Beading Craft
10:00-1:00 Webster Pond and Picnic Lunch
11:00-11:30 Morning Stretches
1:30-2:30 Pictionary
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups

Friday, June 21st

- 9:30-10:00 Summer Time Trivia
10:00-11:00 Summer Time Scattergories
11:00-11:30 You Know it is Summer When...
1:30-2:30 Parachute Games
2:30-3:00 Walking Program
3:00-4:00 *Individual Activities/Small Groups



Sunday, June 23nd

- 9:30-10:00** What's On Sale Sunday
- 10:00-11:00** BINGO
- 11:00-11:30** Walk and Talk
- 1:30-2:30** Yahtzee
- 2:30-3:00** Walking Program
- 2:00-3:00** *Individual Activities/Small Groups

Monday, June 24th

- 9:30-10:00** World Rainforest Day – Facts and Trivia
- 10:00-11:00** Beach Ball Craft
- 11:00-11:30** Monday Movement
- 1:30-2:30** Celebration of the Senses Day
- 2:30-3:00** Walking Program
- 3:00-4:00** *Individual Activities/Small Groups

Tuesday, June 25th

- 9:30-10:00** Who Am I?
- 10:00-11:00** Health Talk with Kathy – Watch Out! Here Comes the Sun!
- 10:00-12:00** Community Outing to Five Below
- 11:00-11:30** Logo Game
- 1:30-2:30** Sunshine Hangman
- 2:30-3:00** Walking Program
- 3:00-4:00** *Individual Activities/Small Groups



Wednesday, June 26th

- 9:30-10:00 Fire Fighter Trivia
- 10:00-11:00 Safety Talk with Syracuse Fire Department
- 11:00-11:30 Wacky Wednesday Workout
- 1:30-2:00 Rebus Puzzles
- 2:30-3:00 Walking Program
- 3:00-4:00 *Individual Activities/Small Groups

Thursday, June 27th

- 9:30-10:00 Bottle Bash
- 10:00-11:00 BINGO
- 11:00-11:30 Brain Games
- 1:30-2:30 20 Questions
- 2:30-3:00 Walking Program
- 3:00-4:00 *Individual Activities/Small Groups

Friday, June 28th

- 9:30-10:00 Person, Place or Thing
- 10:00-11:00 Outside Walk and Talk
- 11:00-11:30 Group Crossword Puzzles
- 1:30-2:30 Free Time Friday
- 2:30-3:00 Walking Program
- 2:00-4:00 *Individual Activities/Small Groups

Sunday, June 30th

- 9:30-10:00 What are you doing this summer?
- 10:00-11:00 Scattergories
- 11:00-11:30 Sunday Stretches
- 1:30-2:30 Password
- 2:30-2:45 Walking Program
- 2:00-4:00 *Individual Activities/Small Groups

~REMINDERS~

- If you are interested in going on any of the outings, please sign-up with Blake at least one week prior to the outing.
- Priority will be given to those that are interested in outings on their regularly scheduled days. If space allows, others may switch days to attend outings.
- With the weather getting warmer, we will be spending more time outside for programs. Please bring hats and/or sunglasses as needed. Programs will be in the shade, but the sunlight is still bright and reflects.

