

# Kidney Disease

## Helping people cope and stay healthy.

Kidney disease is often difficult to manage, especially if it is accompanied by high blood pressure and diabetes. Loretto's Daybreak program helps our participants remain independent while assisting them with their health needs. Our professional staff assists participants in maintaining health and improving quality of life.

*The following services are provided to support Daybreak participants who have kidney disease:*

- *Nutritional counseling and assistance with fluid and diet management*
- *Hot lunch that satisfies a renal diet*
- *Weekly blood pressure checks and vital signs*
- *Health education*
- *Coordination of customized care among dialysis centers, physician, participant, family and other health providers*
- *Diabetes management including regular monitoring of blood glucose levels, skin integrity, administering insulin or oral medications.*

**Daybreak's healthcare professionals understand the intricacies of dealing with kidney disease. We help our participants to manage the disease—and enjoy life.**



**For more information, please contact:**

*Syracuse Daybreak*  
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Syracuse, NY 13205  
315.498.4405

*Auburn Daybreak*  
3 Saint Anthony Street  
Auburn, NY 13021  
315.282.6815

*Open 8 am – 4 pm, six days a week*  
[lorettocny.org](http://lorettocny.org)