

Daybreak, Adult Medical Day Program is a community based program that provides comprehensive health services to eligible adults 21 years of age or older.

The program benefits both participants and caregivers:

It provides respite to families struggling to care for loved ones.

Often family members are forced to juggle work and personal schedules with caring for a loved one. Daybreak provides a great alternative for caregivers who know that their loved one is receiving medical services, lunch and activities in a safe and comfortable day setting.

It allows individuals who wish to live independently to receive medical services, lunch and activities in a community setting.

Our program prides itself on helping to keep people independent and healthy so visits to physicians and hospitalizations can be minimized. We help support individuals in order to prevent or delay placement in health related facilities.

“Daybreak is the best thing that ever happened to my brother. The medical supervision at this program is a gift from heaven.”
—Family member

“Thank you for treating my mother with so much respect.”
—Family member

“You guys are great. Almost anyone we refer to you, no matter how challenging their needs are, you are successful in helping.”
—Service coordinator

 **Daybreak**
A Loretto Adult Medical Day Program

Two locations—call us for a tour today!

Syracuse Daybreak
700 East Brighton Avenue
Syracuse, NY 13205
315.498.4405

Auburn Daybreak
3 Saint Anthony Street
Auburn, NY 13021
315.282.6815

Open 8 am – 4 pm
Six days a week
lorettocny.org

Daybreak Adult Medical Day Program

Changing How You Live, Not Where You Live

 **Loretto**
Exceptional People. Extraordinary Care.





Our Mission: To keep people living as independently as possible in the community by assisting them with medical conditions they are unable to manage by themselves.

Daybreak's interdisciplinary care plan team provides integration and coordination between our participants and their personal physicians in order to insure all aspects of an individual's need are addressed.

Licenses & Affiliation

Daybreak in Syracuse is licensed under Loretto Health and Rehabilitation Center, Daybreak in Auburn is licensed under Auburn Senior Services, Inc. Both are regulated by the NYS Department of Health.

A member of the Adult Day Health Care Council, and affiliate of the NYS Association of Home and Services for the Aging.

Staff Credentials

Our team consists of licensed and certified staff providing the best quality of medical services. A registered nurse is on premises at all times of program operation.

Qualification

Anyone 21 years of age or older requiring assistance with medical service on a weekly basis.

Program Days & Hours of Service

Available 1 to 6 days a week depending on need. Open 8:00 am to 4:00 pm, including most holidays.

Fee Options

- Medicaid
- Insurance
- Private Pay

Services

Nursing

Provided by Registered Nurses and Licensed Practical Nurses

- Medication administration/injections
- Individual health assessments and health education
- Chronic disease management
- Skill Training
- Health Monitoring

Pharmacy Review

Provided by Licensed Pharmacist

- Each participant's medication list is reviewed biannually for appropriateness.

Nutrition

Provided by Registered Dietitian

- Daily lunch
- Monthly weight evaluation
- Nutritional counseling, evaluation and education
- Specialized diets and consistencies available

Social Work/Case Management

Overseen by MSW

- Assessment and coordination of community services including housing, and home care
- Assistance with entitlement programs, psychiatric counseling and ancillary services

Transportation Coordination

- To and from the program
- Assistance with medical appointments

"The support of your program has been of great help to my patient. Thank you."

—Nurse Practitioner

Therapeutic Recreation

Ongoing daily activities geared toward wellness and independence:

- Cognitive programs
- Social programs
- Community outings
- Physical programs
- Spiritual programs
- Creative arts
- Special events

Physical, Occupational & Speech Therapy

(as ordered by your physician)

Personal Care Services

Provided by Certified Nurses Aids

Whirlpool baths/showers as well as toileting and meal assistance.

Wheelchair accessible facility

How do I enroll?

In Syracuse, call us at 315.498.4405 or in Auburn at 315.282.6815 and we will schedule an evaluation with you.

Positive Outcomes From Enrolling

- Decreased hospitalizations
- Improved overall health
- Increased socialization and community connection
- Respite for caregivers
- Improved coordination of home services and medical appointments
- Ability to continue to live independently
- Increased mobility/decreased falls
- Stabilization of chronic health conditions
- Delaying progression of diseases