






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(N) 1 10:00 Noodle Balloon 10:30 Fun Facts about Marathons 11:00 That's Amore <b>1:30 Outing: Skaneateles Lake</b> <b>3:30 Ice Cream for All</b> 4:00 Leisure Time	(J) 2 10:00 Labor Day Trivia 10:30 What's My Job? 11:00 Our Favorite Songs 1:30 Gazebo Relaxation <b>2:30 Labor Day Social with Music</b> 3:30 Small Visits  Labor Day	(A) 3 <b>10:00 Dance with Megan</b> 11:00 Monthly Gazette 1:30 Sunshine Club 2:30 Happy Birthday, Uncle Sam 3:00 Branches of U.S. Government 3:30 Patriotic Pride 6:00 Hello to Jobs	(A) 4 10:00 Oldies But Goodies <b>10:30 Big Prize Bingo</b> <b>1:30 Relaxing Hand Spa</b> 3:00 Doo Wop Social 3:30 Rummy Club 4:30 Relaxation Time 6:00 Joggin' Your Noggin 	(A) 5 10:00 Scottish and Irish Heritage Day 11:00 Finish a Song Title <b>1:30 Catholic Chapel Service</b> <b>2:30 Entertainment: Dan on Piano</b> 3:30 Mind Stretchers 6:00 Read Me a Story	(N)(M) 6 10:00 Yoga with Nel 10:30 Bake with Me 11:00 Bruce's Songs 1:00 Afternoon Relaxation 2:00 Interesting Facts about St. Petersburg 2:30 3 Days in St Petersburg 3:00 Friendship Café	(J) 7 10:00 News & Views <b>10:30 Prayer Service with Tammy</b> 11:00 Name That Tune 1:30 Walk with Me 2:30 A Home Run of a Day <b>3:00 Movie: "The Sandlot"</b> 4:30 Music for All
(J) 8 10:00 History of Grandparent's Day 10:30 Grandparent Jokes 11:00 Sing Along <b>2:00 Entertainment: Blair Frodelius</b> 3:30 Grandparents Rock 4:30 Let's Relax Grandparents' Day	(M)(N) 9 <b>Happy B'day Jessie!</b> 10:00 Yogi Yoga with Nel 10:30 Coffee Trivia 11:00 California, Here I Come 1:30 Patio Relaxation 2:30 California Facts and Trivia 3:30 Table Talk	(A) 10 <b>10:00 Dance with Megan</b> <b>11:00 Pet Visits</b> 1:30 Small Visits 2:00 Trivia Fun <b>2:30 Entertainment: Bob Lyna</b> 3:30 Too Cute <b>6:00 Dinner at Denny's</b>	(A) 11 10:00 The Best of Frank <b>10:30 Big Prize Bingo</b> 1:00 Courtyard Walk 2:00 Short Story- "Empanada Escapades" 3:00 TV Show of Our Time 6:00 Presidents and Their Pets.	(A) 12 10:00 Touring the World 11:00 Dean Martin Songs <b>1:30 Catholic Chapel Service</b> <b>2:30 Ice Cream Social with Music</b> 3:00 Sewing Club 6:00 102 Fun Facts about Sheep	(N)(J) 13 10:00 Easy Yoga with Nel 10:30 Happy Birthday Milton Hershey 11:00 Pat's Favorite Songs 1:00 Afternoon Stroll <b>2:00 Movie Magic with Mike Price</b> 4:00 One-On-One Visits	(M) 14 10:00 Balloon Volleyball 10:30 What Is a Harvest Moon? 11:00 Harvest Moon Facts and Folklore 1:30 Garden Walk <b>2:30 Movie Matinee: "Roman Holiday"</b> 4:30 Relax with Music
(M) 15 10:00 Indoor Plant Week 10:30 5 Benefits of Houseplants 11:00 It's True <b>2:00 Let's go to Hawaii with Ted and Lorri</b> 3:30 Small Talk 	(J)(N) 16 10:00 Chair Yoga w/Nel 10:30 How Many? 11:00 Colorful Songs 1:00 Walk with Me 2:00 Respect of the Aged Day 2:30 Family Adventure Movie 4:00 Small Talk	(A) 17 <b>10:00 Dance with Megan</b> 11:00 Jeopardy Trivia 1:30 Small Talk <b>2:30 Entertainment: Nostalgia Notes</b> 3:30 What Do You Do With It? 6:00 Dark Chocolate Facts	(A) 18 9:30 Good Morning All 10:00 Friendly Talk <b>10:30 Big Prize Bingo</b> <b>1:30 Time for Manicure</b> 3:00 Dean Martin Show 4:00 One-On-One Visits 6:00 September Holidays 	(A) 19 10:00 Funny Overheard Cat Stories 11:00 Trivia Fun <b>1:30 Catholic Chapel Service</b> <b>2:30 Entertainment: Steve Banyas</b> 3:30 Baby Face 6:00 Question Quest	(M)(J) 20 10:00 Move with Me 10:30 Color Me Healthy 11:00 Singers Note 1:30 Sunshine Club 2:30 Food for Thought – The Smoothie <b>3:30 Smoothie Time</b> 4:30 Leisure Time	(N) 21 <b>Happy B'day Nancy B!</b> 10:00 Germany - Fun Facts 11:00 Famous German Americans 1:30 German Heritage Mining <b>2:30 Oktoberfest Social</b> 3:30 Show Time Oktoberfest Begins
(N) 22 10:00 The Sunday Stretch 10:30 Elephant Appreciation Day 11:00 The Best of Doris 1:30 Elephant Facts 2:30 Elephant Toothpaste Experiment <b>3:00 Dean Martin Show</b> 4:30 Reflection Time	(J)(M) 23 10:00 Chair Dancing 10:30 Let's Talk Autumn 11:00 September Song 1:00 Afternoon Stroll <b>2:00 Entertainment: Greg Hoover</b> 3:30 September Trivia 4:30 Music Appreciation Autumn Begins	(A) 24 <b>Happy B'day Alice C!</b> <b>10:00 Dance with Megan</b> <b>11:00 Residents Council Minute</b> <b>12:00 Men's Luncheon</b> 2:00 Easy Does It – Random Trivia 3:00 Coffee Hour 6:00 Clue Trivia Fun	(A) 25 10:00 The Best of 60's <b>10:30 Big Prize Bingo</b> 1:30 Walk with Me 2:30 Manly Trivia 3:00 Ice Tea Social with Music 3:30 Paint by Number 6:00 Nursery Rhyme Lines	(A) 26 <b>Happy B'day Patricia S!</b> 10:00 Crazy About Cranberries 10:30 Bakers Dozen <b>1:30 Catholic Chapel Service</b> <b>2:30 Entertainment: Lori Ann Wilber</b> 3:30 Words begin w/Cran	(N)(M) 27 10:00 Zen Yoga with Nel 10:30 Guess Who Am I? 11:00 Our Songs 1:00 Art Club <b>2:30 Monthly Birthday Party with Music</b> 3:30 Puzzle Mania 	(J) 28 10:00 Good Morning All <b>10:30 Prayer Service with Tammy</b> 11:00 Our Favorite Songs 1:30 Teachers' Day 2:00 Teach Categories 2:30 Classroom Humor 3:00 Bewitched 4:30 Music for All
(J) 29 10:00 Horse Racing 10:30 "I Heard It Through the Grapevine" 1:00 Walking Club 2:00 50 Facts about Argentina <b>2:30 Doo Wop 51 Social</b> 4:00 Small Visits	(M)(N) 30 10:00 Seniorize 10:30 Rosh Hashanah True and False 11:00 Finish a Song Title 1:00 Helping Hands 2:00 Remembering Apple Picking Time <b>3:00 Apple Social</b> Rosh Hashanah (first day)	<b>M= Margaret N= Nel J= Jonisha A= All Therapists</b>				



# September 2019

The Heritage

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Activity Are Subject to Change