





February 2019

The Nottingham Assisted Living



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p><i>*Programs and Times are subject to change or be cancelled. Please refer to the daily board for the most up to date information. Please contact Brandon at 315-413-3127 if you have any questions or concerns.</i></p>	<p style="text-align: center;">1</p> <p>9:30 Name 5 with Shannon in the Sun Room 10:00 Zumba with Shantina in The Dining Room 10:30 Morning Chit Chat with Shannon in the Dining Room 11:00 DeWitt Library in the RHCF Terrace Room 1:30 Table Game with Shannon in the Corner Room 3:15 Music with Jerry Cali in the Dining Room</p>	<p style="text-align: center;">2</p> <p>9:45 Exercise With Drew in The Dining Room 1:15 HISTORIC FEBRUARY with Drew in the Corner Room 4:00 Catholic Mass With Father Heagarty in The RHCF Terrace Room 6:00 Resident Run Bridge Game in The Fish Room</p>
<p style="text-align: center;">3</p> <p>1:45 Movie Matinee in The TV Room "Indiana Jones & the Last Crusade" Starring Harrison Ford & Sean Connery. 1989. 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room 6:30 Super Bowl 53 in the TV Room</p>	<p style="text-align: center;">4</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Pizza Prep with Shannon In The Corner Room 1:15 Syracuse Beading with Drew in The Corner Room 2:15 You Be the Judge with Shannon in the Sun Room 3:15 Pizza Party with Shannon in the Small Dining Room 6:15 Expressions With Drew in The Corner Room</p>	<p style="text-align: center;">5 Chinese New Year!</p> <p>9:30 Year of the Pig with Shannon in the Sun Room 10:00 Exercise with Shannon in The Dining Room 10:30 Dining Committee Meeting in The Corner Room 1:15 Superstitions & Taboos with Drew in the Corner room 3:15 Storytelling & Poetry with Marvin Druger in the Dining Room 6:30 Bingo With Nadja in The Sun Room</p>	<p style="text-align: center;">6</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Wheel of Fortune with Shannon in the Sun Room 1:15 Yoga & Current Events with Kelly French in the Corner Room 2:30 Flower Arranging With Dining Staff in The Dining Room 3:30 Baseball with Shannon in The Corner Room</p>	<p style="text-align: center;">7</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Penny Pitch in The Corner Room 11:00 Protestant Church Service in The RHCF Terrace Room 12:00 Birthday Luncheon in the IL Dining Room 1:30 Bell Choir With Drew in The TV Room 3:00 Happy Hour With Shannon in The Small Dining Room</p>	<p style="text-align: center;">8</p> <p>9:30 Commonalities with Shannon in the Sun Room 10:00 Zumba with Shantina in The Dining Room 10:30 Famous African Americans with Shannon in the TV Room 1:15 4 Pics 1 Word With Drew in The Corner Room 3:15 Love Boats Reunion Tour in the Dining Room</p>	<p style="text-align: center;">9</p> <p>9:45 Exercise With Shannon in The Dining Room 1:15 Valentines Day Craft with Shannon in The Corner Room 4:00 Catholic Mass With Father Heagarty in The RHCF Terrace Room 6:00 Resident Run Bridge Game in The Fish Room</p>
<p style="text-align: center;">10</p> <p>1:45 Movie Matinee in The TV Room "The Loving Story", Starring Mildred & Richard Loving. 2011. Documentary 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p style="text-align: center;">11</p> <p>10:00 Exercise with Kara in The Dining Room 10:30 Dear Abby with Kara in The Corner Room 1:15 Inventions with Drew in the TV Room 7:00 Mini Golf with Drew in the Sun Room</p>	<p style="text-align: center;">12</p> <p>9:30 Geography Challenge with Shannon in the Sun Room 10:00 Exercise with Shannon in The Dining Room 10:30 Let's Make A Deal with Shannon in the Corner Room 1:15 Making Chocolate Candies with Drew in the Corner Room 2:15 Piano Sounds with Donna in the Sun Room 3:30 Card Shuffle with Shannon in the Corner Room 7:00 Bean Bag Toss With Nadja in The Sun</p>	<p style="text-align: center;">13</p> <p>10:00 Exercise with Drew in The Dining Room 10:45 Word Mining & Trivia with Kara in the Corner Room 1:15 Yoga & Current Events with Kelly French 1:30 Outing to the Great Law Peace Center with Shannon 2:30 Flower Arranging With Dining Staff in The Dining Room 7:00 Water Pong</p>	<p style="text-align: center;">14 Valentines Day!</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Messages with Donna (Massage Therapist) in The TV Room 11:00 Protestant Church Service in The RHCF Terrace Room 1:15 Famous Couples with Shannon in the TV Room 2:00 Resident Council with Catherine in the TV Room 3:15 Valentines Day Social with Larry Serafini in The Small Dining Room</p>	<p style="text-align: center;">15</p> <p>10:00 Zumba With Shantina in The Dining Room 10:45 Jeopardy with Drew in the Corner Room 2:00 BeYond the Underground Railroad with Michele Joans Galvin- Niece of Harriet Tubman in the IL TV Room 3:30 Travel to Indonesia with Drew in the TV Room</p>	<p style="text-align: center;">16</p> <p>9:45 Exercise With Drew in The Dining Room 1:15 Snow Ball Toss With Drew in The Sun Room 4:00 Catholic Mass With Father Heagarty in The RHCF Terrace Room 6:00 Resident Run Bridge Game in The Fish Room</p>
<p style="text-align: center;">17</p> <p>1:45 Movie Matinee in The TV Room "Concussion", Starring Will Smith & Alec Baldwin. 2015. 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p style="text-align: center;">18 President's Day!</p> <p>10:00 Exercise with Kara in The Dining Room 10:30 You Be The Judge With Kara in The Corner Room 1:15 Presidential History With Drew in The Corner Room 3:30 SQUADOOSH! With Drew in the Fish Room 6:15 Buzzwords With Drew in The Corner</p>	<p style="text-align: center;">19</p> <p>10:00 Exercise with Drew in The Dining Room 10:30 Word Ladders with Drew in the Corner Room 1:30 Pet Visit with PAWS in the TV Room 3:30 Wacky Wordies With Drew in The Corner Room 6:30 Bingo With Nadja in The Sun Room</p>	<p style="text-align: center;">20</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Categories With Shannon in The Corner Room 1:15 Yoga & Current Events with Kelly French 2:30 Flower Arranging With Dining Staff in The Dining Room 2:30 Looming with Ro in the Sun Room 3:30 Famous Places in America with Shannon in the TV Room</p>	<p style="text-align: center;">21</p> <p>10:00 Exercise with Shannon in The Dining Room 10:30 Horse Racing with Shannon in The Corner Room 11:00 Protestant Church Service in The RHCF Terrace Room 1:15 Men's Club With Drew in RHCF Terrace Room 3:00 Happy Hour With Shannon in The Small Dining Room</p>	<p style="text-align: center;">22</p> <p>9:30 Morning Trivia with Shannon in the Sun Room 10:00 Zumba With Shantina in The Dining Room 10:30 Ladder Ball with Shannon in the Sun Room 1:15 1950's with Drew in the Corner Room 3:30 Outing to Flamingo Bowling (Sign up With Shannon)</p>	<p style="text-align: center;">23</p> <p>9:45 Exercise With Shannon in The Dining Room 1:15 Tea Cup Garden With Shannon in the Corner Room 4:00 Catholic Mass With Father Heagarty in The RHCF Terrace Room 6:00 Resident Run Bridge Game in The Fish Room</p>
<p style="text-align: center;">24</p> <p>1:45 Movie Matinee in The TV Room "It's Kind of a Funny Story", Starring Keir Gilchirt & Emma Roberts 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p style="text-align: center;">25</p> <p>10:00 Exercise with Kara The Dining Room 10:30 What's in a Name? Kara in The Corner Room 1:15 Golden Age of Hollywood With Drew in The Corner Room 3:30 Battle of the Sexes with Drew in the Corner Room 6:15 Oscars Recap with Drew in the Corner Room</p>	<p style="text-align: center;">26</p> <p>9:30 Funny Stories with Shannon in the Sun Room 10:00 Exercise with Shannon in The Dining Room 10:30 Messages & Manicures with Shannon in The Corner room 1:15 Bean Bag Bonanza With Drew in The Corner Room 2:30 Talent Show with Shannon in the Sun Room 7:00 Who Wants to Be A Millionaire With Nadja in The Sun Room</p>	<p style="text-align: center;">27</p> <p>10:00 Exercise with Drew in The Dining Room 10:30 The Moral of the Story with Kara in the Corner Room 1:15 Yoga & Current Events with Kelly French in the Corner Room 2:30 Flower Arranging With Dining Staff in The Dining Room 2:30 Looming with Ro in the Sun Room 3:30 Name that Tune with Shannon in the TV Room 7:00 Wood Craft with Shannon in the Corner Room</p>	<p style="text-align: center;">28</p> <p>10:00 Exercise with Shannon in the Dining Room 10:30 What is Jeopardy? With Shannon in the Corner 1:30 Beaver Lake Nature Center Presentation in the Sunroom 3:00 Happy Hour with Shannon in the Small Dining Room</p>	