



April 2019

The Nottingham Assisted Living



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>1 April Fools Day! 10:00 Exercise With Shannon in The Dining Room 10:30 Program Planning & Fact or Foolery with Shannon in The Corner Room 1:15 At the Races with Shannon in The Corner Room 3:15 Entertainment with Joanne Shenandoah in the Dining Room</p>	<p>2 9:30 April Gazette with Shannon in the Sunroom 10:00 Exercise With Shannon in The Dining Room 10:30 Dining Committee Meeting in The Corner Room 1:15 Price is Right with Shannon in the Corner Room 3:15 Walking Club with Shannon in the Sun Room 7:00 20 Questions with Nadja in the Corner Room</p>	<p>3 10:00 Exercise With Shannon in The Dining Room 10:30 Famous Faces with Shannon in The TV Room 1:15 Yoga & Current Events with Kelly in the Corner Room 2:30 Flower Arranging in the Small Dining Room 2:30 Looming with Ro in the Sun Room 3:15 Easter Cards with Shannon in the Corner Room</p>	<p>4 10:00 Exercise With Shannon in The Dining Room 11:00 Protestant Service in the RHCF Terrace Room 12:00 Birthday Luncheon in IL Dining Room 1:30 True or False with Colleen in the Corner Room 3:00 Happy Hour with Shannon in The Small Dining Room</p>	<p>5 9:30 Logos with Shannon in the Sun Room 10:00 Zumba With Shantina in The Dining Room 11:00 Dewitt Library in the RHCF Terrace Room 1:30 Water Pong with Shannon in the Corner Room 3:15 Memory with Shannon in the Sun Room</p>	<p>6 9:45 Exercise with Shannon in the Dining Room 1:15 Potting with Shannon in the Corner Room 4:00 Catholic Mass with Father Heagerty in the RHCF Library 6:00 Resident Run Bridge Game in the Fish Room</p>	
<p>7 1:45 Movie Matinee in The TV Room "Testament of Youth", Starring Alicia Vikarder & Kit Harington. Drama 2015 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p>8 10:00 Exercise With Kara in The Dining Room 10:30 Dear Abby with Kara in The Corner Room 1:15 Crafting with Colleen in The Corner Room 3:30 Ping Pong Toss with Kara in the Sun Room</p>	<p>9 9:30 Spring Time Trivia with Shannon in the Sunroom 10:00 Exercise With Shannon in The Dining Room 10:30 Easter Craft with Shannon in the Corner Room 1:15 Stretching with Shannon in the Corner Room 3:15 Corn Hole with Shannon in the Sun Room 6:30 Bingo with Nadja in the Sun Room</p>	<p>10 10:00 Exercise With in The Dining Room 10:30 in The TV Room 1:15 Famous Places with Shannon in the TV Room 2:30 Flower Arranging in the Small Dining Room 3:30 Ladder Ball with Shannon in the Corner Room 7:00 Easter Egg Wreath Shannon in the Corner Room</p>	<p>11 10:00 Exercise With Shannon in The Dining Room 10:30 Massages with Donna Gullotto in the TV Room 11:00 Protestant Service in the RHCF Terrace Room 1:15 Frisbee Golf with Shannon in The Sun Room 3:00 Happy Hour Pop Corn Social with Shannon in The Small Dining Room</p>	<p>12 10:00 Zumba With Shantina The Dining Room 10:30 Group Crossword with Kara in the Corner Room 1:30 Penny Pitch with Shannon in the Corner Room 3:15 Entertainment with Dan Rubbino in the Dining Room</p>	
<p>14 1:45 Movie Matinee in The TV Room "Free State of Jones", Starring Matt McConaughey & Keri Russull. Based on a true story. 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p>15 10:00 Exercise With Shannon in The Dining Room 10:30 Massages & Manicures with Shannon in The Corner Room 1:15 You Be the Judge with Shannon in The Corner Room 3:15 Deal or No Deal with Shannon in the Corner Room</p>	<p>16 9:30 Spring Time Senses Shannon in the Sunroom 10:00 Exercise With Shannon in The Dining Room 10:30 Baking Oatmeal Cookies with Shannon in the Corner Room 1:30 Pet Visits with PAWS in the TV Room 3:15 Oatmeal Cookie Social in the Small Dining Room 7:00 Bean Bag Toss with Nadja in the Sun</p>	<p>17 10:00 Exercise With Shannon in The Dining Room 10:30 Boggle Bash with Shannon in The Corner Room 1:00 Outing to the Erie Canal with Shannon 1:15 Yoga & Current Events with Kelly in the Corner Room 2:30 Flower Arranging in the Small Dining Room</p>	<p>18 10:00 Exercise With Shannon in The Dining Room 11:00 Protestant Service in the RHCF Terrace Room 1:15 Word Games with Shannon in The Corner Room 2:00 Resident Council in the TV Room 3:00 Happy Hour with Shannon in The Small Dining Room</p>	<p>19 Good Friday 9:45 Exercise with Shannon in the Dining Room 1:15 Easter Egg Decorating with Shannon in the Corner Room</p>	
<p>21 Easter Sunday 10:00 Easter Mass with Father Hegerty in the RHCF Library 1:45 Movie Matinee in The TV Room "How to Marry A Millionaire", Star Monroe & Betty Grable. Com 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p>22 Earth Day! 10:00 Exercise With Kara in The Dining Room 10:30 The Beautiful Earth with Kara in The TV Room 2:30 Honor Flight Experience with Colleen in The TV Room 4:30 Nottingham Seder in the IL TV Room If interested, please register with Shannon</p>	<p>23 9:30 Easy Does it Trivia with Shannon in the Sunroom 10:00 Exercise With Shannon in The Dining Room 10:30 Music Therapy with Tim Herron in the Sun Room 1:15 Yahtzee with Shannon in the Corner Room 3:15 Putt Putt with Shannon in the Sun Room 6:30 Bingo with Nadja in the Sun Room</p>	<p>24 10:00 Exercise With in The Dining Room 10:30 in The TV Room 1:15 Yoga & Current Events with Kelly in the Corner Room 2:30 Flower Arranging in the Small Dining Room 3:15 What is Jeopardy? with Shannon in the Corner Room 4:30 Dinner Outing to Danzers German & American Gasthof with Shannon</p>	<p>25 10:00 Exercise With Shannon in The Dining Room 11:00 Protestant Service in the RHCF Terrace Room 1:15 Balloon Volley in the Sun Room 3:00 Happy Hour with Shannon in The Small Dining Room</p>	<p>26 9:30 Trivia Time with Shannon in the Sun Room 10:00 Zumba With Shantina The Dining Room 10:30 Crossword Clues with Shannon in the Corner Room 2:15 Entertainment with The John Spillet Jazz Ensemble in the Dining Room 3:30 Massages & Manicures with Shannon in the TV Room</p>	
<p>28 1:45 Movie Matinee in The TV Room "Green Book", Starring Viggo Mortensen & Mahershala Ali. Drama 2018. 3:30 Listening to The Oldies in The Sunroom 6:00 Resident Run Bridge Game in The Fish Room</p>	<p>29 10:00 Exercise With Shannon in The Dining Room 10:30 Gestures with Shannon in The Corner Room 1:15 Sing-A-Long with Shannon in The TV Room 3:15 5 to 1 Dice Game with Shannon in the Corner Room</p>	<p>30 9:30 Read-a-Loud with Shannon in the Sunroom 10:00 Exercise With Shannon in The Dining Room 10:30 Group Trivia Challenge with Shannon in the Corner Room 1:15 Balloon Tennis with Kara in the Corner Room 3:15 Unscramble This with Shannon in the Corner Room</p>				<p>Programs & Times are subject to change or be cancelled. Please refer to the daily board for the most up to date information. Please contact Shannon at 315-413-3127 if you have any questions or concerns.</p>



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