



March 2019

The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*Programs and Times Are Subject To Change * Please Check Weekly Calendar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>					<p>1 10:00 Friday Fun Fitness 11:00 The Dewitt Library Visits- Terr. Rm. 2:00 Yahtzee!-Terr. Rm. 3:30 Thinklers!</p> 	<p>2 9:30 Exercise 11:00 Outing: S.U. Vs. Virginia Lacrosse Game at The Carrier Dome 4:00 Catholic Mass-Library</p>
<p>3 10:30 Biography: Ruth Bader Ginsberg 1:30 Horseshoes</p> 	<p>4 10:00 Stretch and Tone 10:30 Mind Joggers 2:30 Making Mardi Gras Masks 3:45 Famous Faces 6:15 Target Shoot</p> 	<p>5 10:00 Keep Movin' 10:30 Historic March 1:30 Mardi Gras Fun Facts 3:15 Mardi Gras Celebration 6:30 BINGO With Delta Gamma-ALR</p> 	<p>6 10:00 Keep Movin' 11:00 Protestant Service-Terr. Rm. 2:00 Ash Wednesday Mass-Library 2:45 Flower Arranging 3:30 Happy Hour- Terr. Rm.</p>	<p>7 10:00 Zumba With Shantina 10:30 Breakfasts Around the World 11:00 World Book Trivia Day 12:00 Birthday Luncheon-I.L. 2:30 Beach Ball Blast 3:30 Catch Phrase</p>	<p>8 10:00 Exercise 10:30 Non-Political News 1:30 Six Pin Bowling 3:15 Entertainment With David Lekki-ALR</p> 	<p>9 10:30 Exercise 11:00 St. Pat's Word Man 2:30 UNO Card Game-Terr. Rm. 4:00 Catholic Mass-library</p>
<p>10 "Daylight Savings Time"  1:30 Movie "Marley and Me" Starring Jennifer Aniston and Owen Wilson (2008)</p> 	<p>11 10:00 Exercise 10:30 Trivia Treasury 2:30 Balloon Tennis 3:30 Chalked Words 7:00 Sort It All Out</p>	<p>12 9:45 Stretch and Tone 10:30 Dining Committee-Dining Rm. 2:30 That's The Way The Ball Bounces 3:30 Famous Women 6:15 Twenty Questions</p>	<p>13 10:00 Keep Movin' 10:45 Ever Wonder Why? 1:15 Men's Club 2:30 Flower Arranging 3:30 Happy Hour-Terr. Rm. 6:15 Jenga Game</p> 	<p>14 10:00 Zumba With Shantina 11:00 Protestant Service- Terr. Rm. 2:00 Making Dog Biscuits For The Human Society 3:30 Crossword Puzzle-Library</p>	<p>15 10:00 Friday Fun Fitness 10:30 Prophecies and Predictions 1:30 What Would You Do? 2:00 Shabbat Service-ALR 3:15 Johnston School of Irish Dance Performs-ALR</p>	<p>16 10:30 Exercise 11:00 Grab Bag 12:00-3:00 Syracuse St. Patrick's Day Parade (Ch. 9) 2:30 Shamrock Shake Social 4:00 Catholic Mass-Library</p> 
<p>17  10:30 St. Patrick's Day Fun Facts 1:30 Pushball</p>	<p>18  10:00 Exercise 10:30 Buzzword 2:30 Taste Testing 3:30 Food Facts or Fakes 6:15 Name That Song</p>	<p>19 9:45 Reach and Stretch 10:30 Resident Council -DR 1:15 March Madness 2:00 Pet Visits With "Paws of CNY" 3:30 Piano Music With Austin Scharf</p>	<p>20 10:00 Keep Movin' 10:30 Nature Fun Facts 1:15 Prominent Teams 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 Table Top Bowling</p>	<p>21 10:00 Zumba With Shantina 11:00 Protestant Service- Terr. Rm. 2:30 Balloon Bonanza 3:30 The Pursuit of Trivia</p> 	<p>22 10:00 Friday Fun Fitness 10:30 Proverbs 2:30 Cooking Club 4:00 Charades</p>	<p>23 10:30 Exercise 11:00 Sing Along With Shannon 2:30 Famous Places In America 4:00 Catholic Mass-Library</p> 
<p>24 10:00 Morning Movie "Mamma Mia: Here We Go Again" (2018) 1:30 The year...1962 2:15 Ladder Ball</p> <p>31 10:30 Morning News 1:30 Bean Bag Target Toss</p>	<p>25 9:45 Exercise 10:30 Bible Study-Terr. Rm. 2:30 Junk Drawer Race 3:30 "Spring" Word Find 7:00 Hand Massages</p>	<p>26 10:00 Entertainment With Blair Frodelius 11:00 Outing: Lunch at "Kirby's" 2:30 Smokin' Mirrors Day (Optical Illusions) 3:30 Battle of The Sexes 6:30 BINGO With Delta Gamma-ALR</p>	<p>27 10:00 Keep movin' 10:45 Word Power 1:15 Imagine That! 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm.</p> 	<p>28 10:00 Zumba With Shantina 11:00 Protestant Service-Terr. Rm. 2:30 Carnival Target Shoot 3:30 Sing Along With George Mann</p>	<p>29 10:00 Friday Fun Fitness 10:30 Quizmania 2:00 Noodle Ball 3:30 Crossword Puzzle-Library</p> 	<p>30 10:30 Exercise 11:00 National Dr.'s Day Trivia 2:30 Snakes and Ladders 4:00 Catholic Mass-Library</p>