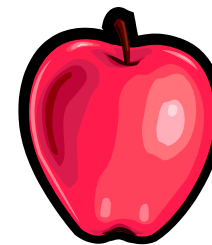


# September 2019

## The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>1 10:30 Morning News-Library 2:00 Table Top Bowling</p>	<p>2 "Labor Day"  10:30 Labor Day Trivia 2:00 Ice Cream Social</p>	<p>3 10:00 Reach and Stretch 10:30 September Trivia 2:00 Five To One Dice 3:30 September Jeopardy</p>	<p>4 10:00 Exercise 10:30 Cranium Crunches 2:15 Flower Arranging 3:30 Happy Hour-Terr. Rm. 6:15 UNO Card Game-Terr. Rm.</p>	<p>5 10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 12:00 Birthday Luncheon-I.L. 1:45 Miniature Golf 3:30 Making Brownies 6:15 Brownie Social</p>	<p>6 10:00 Friday Fun Fitness 10:45 Jamesville-Dewitt Library Visits- Terr. Rm. 1:30 The Year...1959 3:30 Basketball</p>	<p>7 11:00 Balloon Tennis 2:00 Sing Along With Walt Price- I.L. 4:00 Catholic Mass</p>
<p>8 2:15 Grandparent's Day Social </p>	<p>9 10:00 Reach and Stretch 10:30 Trivia Treasury 2:15 Bowling 3:30 "Back To School" Word Find</p>	<p>10 9:45 Exercise 10:30 Dining Committee-D.R. 2:15 Famous Faces 3:30 September Scattogories 6:30 BINGO-ALR</p>	<p>11 10:00 Keep Movin' 10:30 Brain Busters 1:30 Outing: Trip To Navarino Apple Farm 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 Football Toss</p>	<p>12 10:00 Stretch and Tone 11:00 Protestant Service-Terr. Rm. 2:15 Noodle Ball 3:30 Apple Hand Print Painting 6:15 Crossword Puzzle</p>	<p>13 "<b>Orange Day</b>" 10:00 Friday Fun Fitness 10:30 Friday The 13th Discussion and trivia 2:30 Shabbat With Rabbi Fellman-ALR 3:15 Entertainment With Paul Taylor-ALR</p>	<p>14 11:00 Making Carrot Cake 1:15 Carrot Cake Social 4:00 Catholic Mass-Library </p>
<p>15 10:30 Biography: William H. Seward 1:30 Movie "Bell, Book and Candle" Starring James Steward and Kim Novak (1958)</p>	<p>16 10:00 Exercise 10:30 Quizmania 2:00 Music Trivia 3:30 Trivial Pursuit</p>	<p>17 9:45 Stretch and Tone 10:30 Resident Council-DR 2:00 Pet Visits With 'Paws of CNY' 3:30 Family Feud 6:15 Bean Bag Toss</p>	<p>18 10:00 Keep Movin' 10:30 Cranium Crunches 2:00 Nottingham Remembrance Service - LL.  3:30 Happy Hour- Terr. Rm. 6:15 Massages and Manicures</p>	<p>19 10:00 Zumba With Dr. Ann 11:00 Protestant Service- Terr. Rm. 1:45 Yahtzee-Terr. Rm. 3:30 Entertainment With George Mann 6:15 Chicken Soup For the Soul Short Stories</p>	<p>20 10:00 Friday Fun Fitness 10:30 Brain Games 1:15 Entertainment With Lori Ann Wilbur-ALR 3:30 Flip The Pig Game</p>	<p>21 11:00 Balloon Tennis 2:30 Adult Coloring 4:00 Catholic Mass-Library </p>
<p>22 10:30 Morning Trivia 2:00 Pushball</p>	<p>23 9:45 Stretch and Tone 10:30 Bible Study-Terr. Rm. 2:15 Yahtzee!-Terr. Rm. 3:30 Noggin' Nosh</p>	<p>24 10:00 Stretch and Tone 10:30 Thinkers! 2:00 Outburst 3:30 Entertainment With Karl Lagray 6:30 BINGO-ALR</p>	<p>25 10:00 Keep Movin' 10:30 Brain Busters 2:15 Flower Arranging 3:30 Happy Hour-Terr. Rm. 6:15 Apple Fall Crafts</p>	<p>26 10:00 Stretch and Tone 11:00 Protestant Service- Terr. Rm. 1:30 Drum Circle With Jimbo-ALR 3:30 Basket Bounce 6:15 UNO Card Game-ALR</p>	<p>27 10:00 Friday Fun Fitness 10:30 Name Five 11:00 Outing: Lunch at Dominick's Restaurant 3:30 Wheel of Fortune</p>	<p>28 11:00 Balloon Tennis 2:30 Pool Noodle Pumpkin Prints 4:00 Catholic Mass-Library</p>
<p>29 10:30 Morning News 2:00 Movie "Pick of The Litter" (2018) </p>	<p>30 10:00 Exercise 10:30 Buzzword 1:30 Pling Pong 3:30 Jeopardy </p>	<p> September</p>	<p></p>	<p></p>	<p></p>	<p>*Programs and Times Are Subject To Change * Please Check Weekly Calendar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>