



# April 2019

## The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

	<p>1 10:00 Exercise 10:30 Mind Joggers 1:45 Imagine That! 3:15 Native American Music With Grammy Award Winner: Joanne Shenendoah-ALR</p>	<p>2 10:00 Reach and Stretch 10:30 Where In The World? 2:00 Pushball 3:30 Chalked Words 6:15 Twenty Questions</p>	<p>3 10:00 Keep Movin' 10:30 This Was The Year...1959 2:00 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>	<p>4 10:00 Zumba With Shantina 11:00 Protestant Service-Terr. Rm. 12:00 Birthday Luncheon-LL. 1:30 Sing Along With Shannon 3:30 Wheel of Fortune</p>	<p>5 10:00 Friday Fun Fitness 11:00 Jamesville-Dewitt Library Visits- Terr. Rm. 2:00 Balloon Volleyball 3:30 Famous Phrases</p>	<p>6 10:30 Exercise 11:00 Logos 2:30 Alphabet Dice 4:00 Catholic Mass-Library</p>
<p>7 Movie "Amadeus" Starring Tom Hulce (1984) 10:30 Part I 2:00 Part II</p>	<p>8 10:00 Exercise 10:30 Rhyme Time 1:30 Adult Coloring 3:30 Jeopardy 6:30 Entertainment With Aaron Karpalla</p>	<p>9 9:45 Stretch and Tone 10:30 Dining Committee-D.R. 2:00 Five To One Dice 3:30 All American Trivia 6:30 BINGO-ALR</p>	<p>10 10:00 Keep Movin' 10:30 Quizmania 2:00 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 Corn Hole</p>	<p>11 10:00 Zumba With Shantina 11:00 Protestant Service-Terr. Rm. 2:00 UNO Card Game-Terr. Rm. 3:30 Crossword Puzzle-Library</p>	<p>12 10:00 Friday Fun Fitness 10:30 Buzzword 1:45 Short Stories 3:30 Piano Music With Dan Robbino-ALR</p>	<p>13</p> <p>10:00 Easter Egg Hunt-ALR 4:00 Catholic Mass- Library</p>
<p>14 10:30 Morning News 1:30 Ball Toss</p>	<p>15 10:00 Exercise 10:30 Word Games 2:00 Pling Pong 3:30 "April Shower" Word Find</p>	<p>16 9:45 Reach and Stretch 10:30 Resident Council-D.R. 2:00 Pet Visits With "Paws of CNY" 3:30 Noggin' Nosh 6:15 Bean Bag Toss</p>	<p>17 10:00 Keep Movin' 10:30 Thinklers! 2:00 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>	<p>18 10:00 Exercise 11:00 Protestant Service- Terr. Rm. 2:00 Yahtzee! -Terr. Rm. 3:30 Sing Along With George Mann</p>	<p>19 "Good Friday" 10:30 Exercise 11:00 Easter Trivia 2:30 Easter Egg Coloring</p>	<p>20 10:30 Stretch and Tone 11:00 Famous Faces 2:30 Easter Shake Social</p>
<p>21</p> <p>10:00 Easter Sunday Catholic Mass-Library 1:30 Movie "Easter Parade" Starring Judy Garland and Fred Astaire (1948)</p>	<p>22 10:00 Exercise 10:30 Trivial Pursuit 2:30 Balloon Tennis 4:30 The Passover Seder-LL.</p>	<p>23 9:45 Stretch and Tone 10:30 Music With Tim Herron 2:00 "Spring" Sensations 3:30 Outburst 6:30 BINGO-ALR</p>	<p>24 10:00 Keep Movin' 10:30 Trivia Treasury 2:00 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>	<p>25 10:00 Zumba With Shantina 11:00 Protestant Service- Terr. Rm. 2:00 Noodle Ball 3:30 Music Trivia</p>	<p>26 10:00 Friday Fun Fitness 10:30 Quizmania 2:15 Performance by The Jazz Ensemble 3:45 Crossword Puzzle-Library</p>	<p>27 10:00 Movie "Wonder" Starring Julia Roberts and Owen Wilson (2017) 1:30 Afternoon Trivia 4:00 Catholic Mass- Library</p>
<p>28 10:30 Biograpy: Frank Lloyd Wright 1:30 Pushball</p>	<p>29 9:45 Exercise 10:30 Bible Study- Terr. Rm. 2:00 "Chronicles of The Twentieth Century" 3:30 Scategories 6:15 Hand Massages</p>	<p>30 10:00 Stretch and Tone 11:00 Lunch at Red Lobster 1:30 Creative Crafts 3:30 True or False?</p>		<p>*Programs and Times Are Subject To Change * Please Check Weekly Calen- dar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>		