



January 2019

The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

		<p>1</p> <p>1:30 Afternoon Movie "The Sound of Music" Starring Julie Andrews (1965)</p>	<p>2</p> <p>10:00 Reach and Stretch 10:30 Historic January 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 Bowling</p>	<p>3</p> <p>10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 12:00 Birthday Luncheon-I.L. 2:00 Name That Tune With Joe Trionfero-I.L. 4:00 Rhyme Time 7:00 Hand Massages</p>	<p>4</p> <p>10:00 Friday Fun Fitness 11:00 The Dewitt Library-Terr. Rm. 2:00 Social with The Nottingham "Knit Wits" 3:30 Crossword Puzzle -Library</p>	<p>5</p> <p>10:30 Exercise 11:00 "B" Words 2:30 Sing Along With Drew 4:00 Catholic Mass-Library</p>
<p>6</p> <p>10:30 Biography: "Jane Austen" 1:30 Pushball</p>	<p>7</p> <p>10:00 Stretch and Tone 10:30 Trivia Treasury 1:30 Adult Coloring 3:15 Piano Music With Dan Robbino- ALR 6:15 Name That Sound</p>	<p>8</p> <p>9:45 Reach and Stretch 10:30 Dining Committee-D.R. 2:30 Balloon Tennis 3:30 Ten Second Rule 6:30 BINGO-ALR</p>	<p>9</p> <p>10:00 Keep Movin' 10:30 Famous Faces 1:30 Winter Reminiscing 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 "Snowman" Puzzle</p>	<p>10</p> <p>10:00 Zumba With Dr. Ann 11:00 Protestant Service- Library 2:30 Deuces Wild -Terr. Rm. 3:30 Charades</p>	<p>11</p> <p>10:00 Friday Fun Fitness 10:30 This or That 1:15 Men's Club- Terr. Rm. 2:30 Jewish Shabbat 3:30 Entertainment With Bob Lyna</p>	<p>12</p> <p>10:30 Exercise 11:00 What Am I? 2:30 Hoop Shots 4:00 Catholic Mass-Library</p>
<p>13</p> <p>1:30 Afternoon Movie "My Fair Lady" Starring Audrey Hepburn and Rex Harrison (1964)</p>	<p>14</p> <p>10:00 Exercise 10:30 Music Trivia 2:30 BUNCO 3:30 A-Z Thinkers! 6:15 Commonyms</p>	<p>15</p> <p>9:45 Exercise 10:30 Resident Council-D.R. 1:15 Did You Know? 2:00 Pet Visits With "Paws of CNY" 3:15 Battle of The Sexes 6:15 Table Top Bowling</p>	<p>16</p> <p>10:00 Keep Movin' 10:30 Finish The Line 1:30 UNO Card Game 2:30 Flower Arranging 3:30 Happy Hour-Terr. Rm. 6:15 Short Stories</p>	<p>17</p> <p>10:00 Zumba With Ann 11:00 Protestant Service- Terr. Rm. 2:30 Snow Ball Toss 3:30 Wheel of Fortune</p>	<p>18</p> <p>10:00 Friday Fun Fitness 10:30 Catch Phrase 11:00 Lunch At The Olive Garden 2:00 Discussion: "Stone Quarry Art Park"- I.L. 2:30 Cooking Club 4:00 Your Just Desserts</p>	<p>19</p> <p>10:30 Exercise 11:00 Grab Bag 2:30 Snowman Craft 4:00 Catholic Mass-Library</p>
<p>20</p> <p>10:30 Morning News 1:30 Pushball</p>	<p>21 "Martin Luther King Jr. Day"</p> <p>10:30 Exercise 11:00 "I Have a Dream" 3:30 Give Me Five</p>	<p>22</p> <p>9:45 Reach and Stretch 10:30 Music With Tim Herron-ALR 2:30 Beach Ball Soccer 3:30 Double Trouble 6:30 BINGO-ALR</p>	<p>23</p> <p>10:00 Keep Movin' 10:30 Buzzword 2:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 7:30 Individual Visits</p>	<p>24</p> <p>10:00 Zumba With Dr. Ann 11:00 Protestant Service- Terr. Rm. 2:00 Yahtzee!- Terr. Rm. 3:30 Crossword Puzzle-Library</p>	<p>25</p> <p>10:00 Friday Fun Fitness 10:30 Mind Joggers 2:00 Hawaiian Fun Facts 3:15 Hawaiian Luau With Blair Frodelius</p>	<p>26</p> <p>10:30 Exercise 11:00 Name That Tune 2:30 Ring Toss 4:00 Catholic Mass-Library</p>
<p>27</p> <p>10:30 Hot Chocolate Social 11:00 Morning Trivia 1:30 Movie "Christopher Robin" Starring Ewan McGregor and Hayley Atwell (2018)</p>	<p>28</p> <p>9:45 Exercise 10:30 Bible Study 1:15 Imagine That 2:30 Pong Game 3:30 No Mo Snow 6:15 Twenty Questions</p>	<p>29</p> <p>10:00 Reach and Stretch 10:30 Text Twist 2:30 Would You Rather? 3:30 What Is That? 6:15 Quizmania</p>	<p>30</p> <p>10:00 Keep Movin' 10:30 Word Ladders 1:30 Scategories 2:30 Flower Arranging 3:30 Happy Hour-Terr. Rm. 6:15 Hand Massages</p>	<p>31</p> <p>10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 2:30 Balloon Bonanza 3:30 Fact or Fiction</p>		<p>*Programs and Times Are Subject To Change * Please Check Weekly Calendar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>