



# March 2018

## The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*Programs and Times Are Subject To Change          * Please Check Weekly Calendar and Daily Board          * Programs Are Held In The Family Room Unless Otherwise Specified</p>				<p>1            10:00 Stretch and Tone            11:00 Protestant Service-Terr. Rm            12:00 March Birthday Luncheon-LL            2:30 Imagine That!            3:30 Family Feud            6:15 Who Was That?</p>	<p>2            10:00 Friday Fun Fitness            10:30 Historical March            2:30 Deuces Wild-Terr. Rm.            3:30 Charades</p>	<p>3            10:30 Exercise            11:00 World Wildlife Day            2:30 Shootin' Hoops            4:00 Catholic Mass-Library</p>
<p>4            10:00 The Academy Awards Trivia and Fun Facts            2:00 Marching Band Day            3:00 What Am I?</p>	<p>5            10:00 Stretch and Tone            10:30 Trivia Treasury            2:00 Yahtzee-Terr. Rm.            3:30 Crossword Puzzle</p>	<p>6            10:00 Dining Committee-D.R.            10:45 Reach and Stretch            1:30 Finish The Line            3:30 Entertainment With Deb and John Puma-ALR            6:30 BINGO With Delta Gamma-ALR</p>	<p>7            10:00 Keep Movin'            11:00 Flower Arranging            2:15 Pling Plong            3:30 Happy Hour- Terr. Rm.            7:00 Hand Massages</p>	<p>8            10:00 Zumba With Dr. Ann            11:00 Protestant Service-Terr. Rm.            1:30 You Be The Judge            2:30 Dice Bowling            3:30 Battle of The Sexes            6:15 Women In History</p>	<p>9            10:00 Entertainment With Blair Frodelius            2:30 Name Five            3:30 Social With "The Nottingham Knit Wits"</p>	<p>10            10:00 Exercise            11:00 March IQ Questions            2:30 Balloon Tennis            4:00 Catholic Mass-library</p>
<p>11 "Daylight Savings Time"             10:00 Buzzword            1:45 What's In the News            2:30 Parachute Games</p>	<p>12            10:00 Exercise            10:30 Modern Trivia            2:30 Soccer            3:30 Alphabet Soup            6:15 Miniature Golf</p>	<p>13            10:00 Stretch and Tone            10:30 Stupidstitutions            2:30 Pushball            3:30 Jeopardy            6:15 Quizmania</p>	<p>14            10:00 Keep Movin'            10:30 Flower Arranging            2:15 Text Twist            3:30 Happy Hour-Terr. Rm.            7:00 What is That? </p>	<p>15            10:00 Zumba With Dr. Ann            11:00 Protestant Service- Terr. Rm.            2:00 UNO Card Game-Terr. Rm.            3:30 Wheel of Fortune</p>	<p>16            10:00 Friday Fun Fitness            10:30 St. Patrick's Day Facts            11:00 Outing: Lunch at Cracker Barrel            2:15 Shamrock Shake Social            3:30 Piano Music With Phil Markert</p>	<p>17             10:30 Exercise            11:00 It's Not Easy Being Green            12:00-3:00 Syracuse St. Patrick's Day Parade (Ch. 9)            2:30 Bean Bag Toss            4:00 Catholic Mass-Library </p>
<p>18            1:30 Afternoon Movie "Babes On Broadway" Starring Mickey Rooney and Judy Garland(1941) </p>	<p>19             10:00 Exercise            10:30 Spring Scategories            1:15 Adult Coloring            2:30 Volleyball            3:30 Sing Along With Drew</p>	<p>20            9:45 Reach and Stretch            10:30 Resident Council -DR            2:00 Pet Visits With "Paws of CNY"            3:30 Spring Jumbles            6:45 "Butler School of Irish Dance" Performs-ALR</p>	<p>21            10:00 Keep Movin'            10:30 Flower Arranging            2:00 The Nottingham Remembrance Ceremony-LL.            3:30 Happy Hour- Terr. Rm.            6:30 Men's Club-Terr. Rm.</p>	<p>22            10:00 Zumba With Dr. Ann            11:00 Protestant Service- Terr. Rm.            11:15 Men's Club Outing: Lunch at "Vito's" Restaurant            2:00 Table Talk: Conversation Cards            3:30 Catch Phrase</p>	<p>23            10:00 Friday Fun Fitness            10:30 Mind Joggers            1:30 Random Acts of Kindness            3:30 Crossword Puzzle</p>	<p>24            10:00 "The Nottingham Annual Easter Egg Hunt"-LL.            2:30 Bunny Craft            4:00 Catholic Mass-Library </p>
<p>25            10:00 This or That?            2:00 Thinkers!</p>	<p>26            9:45 Exercise            10:30 Bible Study-Terr. Rm.            1:45 Table Top Bowling            3:30 Trivial Pursuit</p>	<p>27            10:00 Stretch and Tone            10:30 Where In The World?            1:30 Rummy Card Game-Terr. Rm            3:15 "Name That Tune" With Joe Trionfero-ALR            6:30 BINGO With Delta Gamma-ALR</p>	<p>28            10:00 Keep movin'            10:30 Flower Arranging            2:15 Egg Roll            3:30 Happy Hour- Terr. Rm.            6:15 Can You Believe It?</p>	<p>29            10:00 Zumba With Dr. Ann            11:00 Protestant Service-Terr. Rm.            2:30 Carnival Target Shoot            3:30 Sing Along With George Mann</p>	<p>30 "Good Friday"            10:30 Friday Fun Fitness            11:00 "Egg"spressions            2:30 Easter Egg Decorating </p>	<p>31            10:30 Exercise            11:00 Space Trivia            2:30 Horseshoes            4:00 Catholic Mass-Library</p>