



May 2019

The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*Programs and Times Are Subject To Change * Please Check Weekly Calendar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>			<p>1 10:00 Keep Movin' 10:30 Trivia Treasury 12:00 Older American's Month Kick-off: Champagne Toast-DR 1:30 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>	<p>2 10:00 Zumba With Shantina 11:00 Protestant Service-Terr. Rm. 12:00 May Birthday Lunch-I.L. 2:15 Basketball 3:30 All American Trivia</p>	<p>3 9:30 Outing: Annual Loretto Bowling Tournament at "Flamingo Bowl" 2:15 May Sensations 3:30 Fact or Fiction</p> 	<p>4 10:30 Exercise 11:00 Famous Mothers 1:30 Trumpet Music With Joseph Henneberry-ALR 4:00 Catholic Mass-Library</p>
<p>5 1:30 Afternoon Movie "The Music Man" Starring Robert Preston and Shirley Jones (1962)</p>	<p>6 10:00 Exercise 10:30 Buzzword 2:00 UNO Card Game-Terr. Rm. 3:30 Scattegories</p>	<p>7 10:00 Stretch and Tone 1:30 Short Stories 3:30 Word Ladders</p>	<p>8 10:00 Zumba With Dr. Ann 10:30 Mind Joggers 1:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:15 Frisbee Golf</p>	<p>9 10:00 Reach and stretch 11:00 Protestant Service- Terr. Rm. 1:30 Adult Coloring 3:15 "The Lock 52 Trio" Perform- ALR</p>	<p>10 10:00 Friday Fun Fitness 11:00 Jamesville/Dewitt Library Visits-Terr. Rm. 2:00 Table Top Bowling 3:30 Crossword Puzzle-Library</p> 	<p>11 1:30 Balloon Volleyball 4:00 Catholic Mass- Library</p>
<p>12 "Happy Mother's Day" 10:15 Mother's Day Tea 1:30 Movie "Victoria and Abdul" Starring Judi Dench and Ali Fazal(2017)</p>  	<p>13 9:45 Stretch and Tone 10:30 Outing: Trivia Challenge at Loretto Cunningham 2:15 You Be The Judge 3:30 Text Twist</p>	<p>14 9:45 Reach and Stretch 10:30 Dining Committee-D.R. 1:30 Garden Club 3:30 Wheel of Fortune 6:15 Quizmania</p>	<p>15 10:00 Zumba With Dr. Ann 10:30 Thinkers! 1:30 Flower Arranging 3:30 Happy Hour- Terr. Rm. 6:30 BINGO-ALR</p> 	<p>16 10:00 Keep Movin' 11:00 Protestant Service 1:45 Five To One Dice 3:30 "May Flower" Word Find</p> 	<p>17 10:00 Friday Fun Fitness 10:30 Morning Trivia 2:30 Jewish Shabbat-ALR 2:30 "National Skilled Nursing Week" Social 7:00 The Nottingham Nottngales perform-I.L.</p>	<p>18 10:30 Exercise 11:00 Road Trip Trivia 2:30 Spring Crats 4:00 Catholic Mass- Library</p>
<p>19 10:30 Morning News-Library 2:15 Pushball</p> 	<p>20 9:45 Exercise 10:30 Bible Study- Terr. Rm. 3:30 Musical Entertainment With "The Tweedlers"</p>	<p>21 9:45 Reach and Stretch 10:30 Resident Council-D.R. 2:00 Pet Visits With "Paws of CNY" 3:15 Patsy Cline Tribute With Lori Ann Wilbur-ALR 6:15 Trivial Pursuit</p>	<p>22 10:00 Zumba With Dr. Ann 11:30 Flower Arranging 1:45 Outing: "Name That Tune" With Joe Trionfero at Loretto Cunningham 3:30 Happy Hour- Terr. Rm.</p>	<p>23 10:00 Keep Movin' 11:00 Protestant Service- Terr. Rm. 2:00 Miniature Golf 3:30 Jeopardy</p> 	<p>24 10:00 Friday Fun Fitness 10:30 Famous Inventions 2:15 Ladder Ball 3:30 Crossword Puzzle-Library</p>	<p>25 1:30 Horseshoes 4:00 Catholic Mass- Library</p> 
<p>26 10:30 Memorial Day Trivia 2:15 Bean Bag Toss</p>	<p>27 "Memorial Day" 10:00 Patriotic Sing Along With Larry Stamatel 2:00 Ice Cream Social</p> 	<p>28 10:00 Exercise 10:30 Word Games 1:45 Pling Pong 3:30 Famous Duos and Trios 6:15 "Who Want to Be A Millionaire" Trivia</p>	<p>29 "Senior Health and Fitness Day" 10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 1:30 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>	<p>30 10:00 Keep Movin' 10:30 Trivia Treasury 2:30 Drum Circle With Jimbo-ALR 4:00 Noggin' Nosh</p> 	<p>31 10:00 Friday Fun Fitness 10:30 Buzzword 1:30 Balloon Tennis 3:15 Older American's Month Closing Social-Terr. Rm.</p> 	