



October 2018

The Nottingham RHCF



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*Programs and Times Are Subject To Change * Please Check Weekly Calendar and Daily Board * Programs Are Held In The Family Room Unless Otherwise Specified</p>	<p>1 10:00 Stretch and Tone 10:30 Buzzword 1:45 Balloon Tennis  3:30 Quizmania</p>	<p>2 10:00 Reach and Stretch 10:30 Mind Joggers 2:30 Bunco 3:30 Space Man </p>	<p>3 10:00 Keep Movin' 10:30 Flower Arranging 2:15 Witch's Brew 3:30 Happy Hour-Terr. Rm. 6:15 Famous Faces </p>	<p>4 10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 12:00 Birthday Luncheon-I.L. 2:15 Miniature Golf  3:30 Sing Along With Drew</p>	<p>5 10:00 Friday Fun Fitness 10:30 Historical October 1:30 Outing: Trip To Beak and Skiff Apple Farm 2:00 "I Love Lucy" Hour </p>	<p>6 9:45 Exercise 2:00 Pushball 4:00 Catholic Mass-Library</p>
<p>7 9:30 Cooking Club 1:30 Afternoon Movie "A Chorus Line" Michael Douglas and Alyson Reed (1985)</p>	<p>8  10:00 Stretch and Tone 10:00 Columbus Day Facts 2:00 The Nottingham Staff and Resident Team UP Trivia Challenge 4:00 Rhyme Time</p>	<p>9 9:45 Stretch and Tone 10:30 Dining Committee-D.R. 2:30 Pling Pong 3:30 Text Twist 6:30 BINGO With Delta Gamma Sorority-ALR</p>	<p>10 10:00 Keep Movin' 11:00 Flower Arranging 2:30 Dice Bowling-Terr. Rm. 3:30 Happy Hour-Terr. Rm. 7:00 Hand Massages</p>	<p>11 10:00 Zumba With Dr. Ann 11:00 Protestant Service-Terr. Rm. 1:15 Men's Club-Terr. Rm. 2:30 Beach Ball Soccer 3:30 Music Trivia</p>	<p>13 10:00 Friday Fun Fitness 10:30 2:00 Nottingham's 30th Anniversary Social-Terr. Rm.  3:45 Crossword Puzzle</p>	<p>13 10:30 Exercise 11:00 Dredwles 2:30 Sweet, Sweet, Sweet 4:00 Catholic Mass-Library </p>
<p>14 10:30 Morning News 2:00 Horseshoes </p>	<p>15 10:00 Stretch and Tone 11:00 Outing: Lunch at Red Lobster 2:30 What Would You Do? 3:30 Patsy Cline Trivute With Lori Ann Wilbur-ALR</p>	<p>16  9:45 Reach and Stretch 10:30 Resident Council 12:00 "Oktoberfest" Luncheon-D.R. 2:00 Pet Visits With "Paws of CNY" 3:30 "Oktoberfest" Social-ALR 6:15 Evening Trivia</p>	<p>17 10:00 Keep Movin' 10:30 Flower Arranging 2:30 Shootin' Hoops 3:30 Happy Hour-Terr. Rm. 6:15 Pitch Card Game-Terr. Rm. </p>	<p>18 10:00 Zumba With Dr. Ann 11:00 Protestant Service- Terr. Rm. 2:30 Volleyball 3:30 Everything from A-Z</p>	<p>19 10:00 Friday Fun Fitness 10:30 Jeopardy 2:30 Jewish Shabbat- I.L. 2:30 Creative Crafts 4:00 Survey Says!</p>	<p>20 10:30 Exercise 11:00 Famous Movie Monsters 2:30 Pumpkin Bounce 4:00 Catholic Mass-Library</p>
<p>21 1:30 Afternoon Movie "African Cats" Narrated by Samuel L. Jackson(2011) </p>	<p>22 10:00 Entertainment With Larry Stamatel 2:30 UNO Card Game-Terr. Rm. 3:30 Charades </p>	<p>23 10:00 Stretch and Tone 10:30 TV Trivia 2:30 Would You Rather? 3:30 Catchphrase 6:30 BINGO With Delta Gamma Sorority-ALR</p>	<p>24 10:00 Keep Movin' 10:30 Flower Arranging 2:15 Grab Bag 3:30 Happy Hour 6:15 Wonders of The World</p>	<p>25 10:00 Zumba With Dr. Ann 11:00 Protestant Service- Lobby 2:00 Noodle Ball 3:30 "Halloween" Word Find</p>	<p>26 10:00 Friday Fun Fitness 10:30 Battle Of The Sexes 1:30 Outing: Fall Foliage Ride 2:00 Yahtzee! 4:00 "The Love Boats" (Brandon and Drew) Perform-ALR</p>	<p>28 10:30 Exercise 11:00 Word Ladders 2:30 Halloween Adult Coloring 4:00 Catholic Mass-Library </p>
<p>28 10:30 Trivial Pursuit 2:00 Afternoon Social</p>	<p>29 9:45 Exercise 10:30 Bible Study-Terr. Rm. 2:15 The Name Game 3:30 "The Lock 52" Trio Performs-ALR</p>	<p>30 10:00 Entertainment With Blair Frodelius 3:30 Ghost Busters 6:30 The Nottingham "Spooktacular" </p>	<p>31  10:00 Keep Movin' 10:30 Halloween Trivia 11:00 Flower Arranging 3:30 Happy Hour-Terr. Rm.</p>			