


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:45 Movie Matinee in the TV Room <b>1</b> <b>"Working Girl"</b> Starring Harrison Ford & Sigourney Weaver. 1988 3:30 Listening to The Oldies in the Sun Room 6:00 Resident Run Bridge Game in the Fish Room	10:00 Exercise with Donna in the Dining Room 10:30 Piano Sounds with Donna in the Sun Room 1:30 Matinee in the TV Room  Labor Day	9:30 September IQ Trivia with Kayla in the Sun Room 10:00 Exercise with Kayla in the Dining Room 10:30 <b>Dining Committee in the Corner Room</b> 1:15 September Jeopardy with Kayla in the Corner Room 3:00 Balloon Volley with Shannon in the Sun Room	10:00 Exercise with Kayla in the Dining Room <b>4</b> 10:30 The Price is Right Game with Kara & Cammy in the TV Room 1:15 Yoga with Kayla in the Corner Room 2:30 Flower Arranging with Dining Staff in the Small Dining Room 3:30 Total Recall with Shannon in the Corner Room 7:15 Poker Game with Shannon in the Corner Room	10:00 Exercise with Kayla in the Dining Room <b>5</b> 11:00 <b>Protestant Church Service in the RHCf Terrace Room</b> 12:00 <b>Resident Birthday Lunch in the IL TV/Meeting Room</b> 1:15 M&M Game with Kayla in the Corner Room 3:30 Happy Hour with Shannon in the Small Dining Room 7:15 Group Scrabble with Shannon in the Corner Room	9:30 Remembering School with Shannon in the Sun Room <b>6</b> 10:00 Exercise with Shannon in the Dining Room 10:30 Massages & Manicures with Shannon in the TV Room <b>10:45 DeWitt Library Visit in the RHCf Terrace Room</b> 1:15 DIY Coasters with Kayla in the Corner Room 3:00 Bocci Ball with Shannon in the Sun Room	9:30 Exercise with Kayla in the Corner Room <b>7</b> 10:00 "Happy Birthday, Buddy Holly" Wheel of Fortune with Kayla in the Corner Room 1:00 Bowling with Cammy in the Sun Rm 2:00 Sing-A-Long with Walt Price in IL 4:00 <b>Catholic Mass with Father Heagerty in the RHCf Library</b> 6:00 Resident Run Scrabble in the Fish Room
1:45 Movie Matinee in the TV Room <b>8</b> <b>"Prizzi's Honor"</b> Starring Jack Nickolson & Kathleen Turner. 1985 3:30 Listening to The Oldies in the Sun Room 6:00 Resident Run Bridge Game in the Fish Room  Grandparents' Day	10:00 Exercise with Shannon in the Dining Room <b>9</b> 10:30 Name that Tune with Kara and Cammy in the Corner Room 1:15 Piano Sounds with Donna in the Sun Room <b>2:00 Music &amp; Muskets Presentation with Jeff Stockholm in the IL TV/Mtg Room</b> 3:00 Matinee <b>"Africa Screams"</b> Starring Abbott & Costello in the TV Room	9:30 Brain Busters with Kayla in the Sun Room <b>10</b> 10:00 Exercise with Kayla in the Dining Room 10:30 Crafting with Shannon in the Corner Room 1:15 "Happy Birthday, Arnold Palmer" Mocktails & Music with Kayla in the Corner Room 3:00 Crochet with Shannon in the Sun Room 6:30 Bingo with Nadja in the Sun Room	10:00 Exercise with Kayla in the Dining Room <b>11</b> 10:30 Tribute to Frank Sinatra with Kara in the TV Room 1:30 <b>Outing at The Navarino Apple Orchard (Please Sign up with Shannon if interested)</b> 1:30 Crossword Clues with Cammy in the Corner Room 2:30 Flower Arranging with Dining Staff in the Small Dining Room 3:30 Corn Hole with Cammy in the Sun Room 7:15 Patriots Day with Shannon in the TV Room  ~Patriots Day~	10:00 <b>Zumba with Dr. Ann in the Sun Room</b> <b>12</b> 11:00 <b>Protestant Church Service in the RHCf Terrace Room</b> 1:15 "Chocolate Milkshake Day" Word Scramble and Trivia with Kayla in the Corner Room 3:15 Baggo with Shannon on the Patio 7:00 Chocolate Milkshake Social with Kayla in the Small Dining Room	9:30 Fall Brain Busters with Shannon in the Sun Room <b>13</b> <b>SU KICK OFF! ~Wear Orange &amp; Blue~</b> 10:00 Exercise with Shannon in the Dining Room 10:30 What is Jeopardy? with Shannon in the Corner Room 1:15 Friday the 13 <sup>th</sup> Discussion and Trivia with Kayla in the Corner Room 2:30 <b>Shabbat with Rabbi Fellman in the Corner Room</b> 3:15 <b>Entertainment with Paul Taylor in the Sun Room &amp; Warm Apple Cider</b>	9:30 Exercise with Kayla in the Corner Room <b>14</b> 10:00 Name 5 with Kayla in the Corner Room 2:30 Jewelry Making with Brenda in the Corner Room 4:00 <b>Catholic Mass with Father Heagerty in the RHCf Library</b> 6:00 Resident Run Scrabble in the Fish Room
1:45 Movie Matinee in the TV Room <b>15</b> <b>"Nine to Five"</b> Starring Jane Fonda & Lily Tomlin. 1980 3:30 Listening to The Oldies in the Sun Room 6:00 Resident Run Bridge Game in the Fish Room	10:00 Exercise with Shannon in the Dining Room <b>16</b> 10:30 Apple Pie Making with Shannon in the Corner Room 1:15 Stretching & Walking with Shannon in the Sun Room <b>2:30 Onondaga Historical Association Guest Speaker: The Work of Gustav Stickley in the IL TV/Mtg Room</b> 3:30 Apple Pie Samples with Shannon in the Sun Room	9:30 Cranium Crunches with Kayla in the Sun Room <b>17</b> 10:00 Exercise with Kayla in the Dining Room 10:30 Tree Mendous Apple Painting with Shannon in the Corner Room 1:30 <b>PAWS of CNY Pet Visits w Shannon in the TV Room</b> 7:00 Bean Bag Toss with Nadja in the Sun Room	10:00 Exercise with Kayla in the Dining Room <b>18</b> 10:30 Newspaper Headline Game with Cammy in the Corner Room 1:00 Yoga with Kayla in the Corner Room <b>2:00 Remembrance Service in the IL TV/Meeting Room</b> 2:30 Flower Arranging with Dining Staff in the Small Dining Room 3:30 Fly Swatters with Cammy in the Sun Room 7:15 Memory with Shannon in the Sun Room	10:00 Exercise with Shannon in the Dining Room <b>19</b> 10:30 Massages & Manicures with Shannon in the TV Room 11:00 <b>Protestant Church Service in the RHCf Terrace Room</b> 1:15 Making Brownies with Kayla in the Corner Room 3:30 <b>Entertainment with George Mann in the RHCf Family Room</b> 7:00 Brownie Social with Kayla in the Small Dining Room	9:30 Apple Trivia with Shannon in the Sun Room <b>20</b> 10:00 Exercise with Shannon in the Dining Room 10:30 Card Shuffle with Shannon in the Corner Room 1:15 <b>Patsy Cline Songs by Lori Ann Wilbur in the Sun Room</b> 3:15 Happy Hour with Shannon in the Small Dining Room	9:30 Exercise with Kayla in the Corner Room <b>21</b> 10:00 Table Games with Kayla in the Corner Room 1:15 Crossword Puzzle with Kayla in the Corner Room 4:00 <b>Catholic Mass with Father Heagerty in the RHCf Library</b> 6:00 Resident Run Scrabble in the Fish Room  Oktoberfest Begins
1:45 Movie Matinee in the TV Room <b>22</b> <b>"All of Me"</b> Starring Steve Martin & Lily Tomlin. 1984 3:30 Listening to The Oldies in the Sun Room 6:00 Resident Run Bridge Game in the Fish Room	10:00 Exercise with Shannon in the Dining Room <b>23</b> 10:30 Famous September Birthdays with Kara in the TV Room <b>11:00 Lunch Outing at Fire Keepers (Please Shannon up with Shannon if interested)</b> 2:30 Favorite Fall Songs with Kara in the Corner Room 3:30 Stretching & Walking with Shannon in the Sun Room  Autumn Begins	9:30 Random Trivia with Kayla in the Sun Room <b>24</b> 10:00 Exercise with Kayla in the Dining Room 10:30 Dancing through Argentina Travelogue with Shannon in the TV Room 1:15 Junk Drawer Sensory with Shannon in the Sun Room 3:30 <b>Entertainment with Karl Lagray in the RHCf Family Room</b> 6:30 Bingo with Nadja in the Sun Room	10:00 Exercise w Kayla in the Dining Room <b>25</b> 10:30 Jeopardy with Cammy in the Corner Room 1:15 Yoga with Kayla in the Corner Room <b>2:00 Resident Council with Catherine in the Dining Room</b> 2:45 Flower Arranging with Dining Staff in the Small Dining Room 3:30 Hello Fall Craft with Shannon in the Corner Room 7:15 Remembering Gerwhin Tunes with Shannon in the TV Room	10:00 Zumba with Dr. Ann in the Sun Room <b>26</b> 10:30 Hijinks Humor with Shannon in the Sun Room 11:00 <b>Protestant Church Service in the RHCf Terrace Room</b> 1:30 <b>Drum Circle with Jimbo in the Sun Room</b> 3:15 Happy Hour with Shannon in the Small Dining Room 7:00 UNO Card Game with Kayla in the Fish Room	<b>Celebrate the Walk to End Alzheimer- Purple Day!</b> <b>27</b> ~Wear Purple~ 9:30 Morning Facts with Shannon in the Sun Room 10:00 Exercise with Shannon in the Dining Room 10:30 At the Races with Shannon in the Corner Room 1:15 Basketball with Kayla in the Sun Room 3:00 Sing-A-Long with Shannon in the TV Room	9:30 Exercise with Kayla in the Corner Room <b>28</b> 10:00 Fall Scattergories with Kayla in the Corner Room 1:15 Popsicle Stick Apple Core Craft with Kayla in the Corner Room 4:00 <b>Catholic Mass with Father Heagerty in the RHCf Library</b> 6:00 Resident Run Scrabble in the Fish Room
1:45 Movie Matinee in the TV Room <b>29</b> <b>"Good Morning Veitnam"</b> Starring Robin Williams & Forest Whitaker. 1987 3:30 Listening to The Oldies in the Sun Room 6:00 Resident Run Bridge Game in the Fish Room	10:00 Exercise with Shannon in the Dining Room <b>30</b> 10:30 Frisbee Golf with Shannon in the Sun Room 1:15 Stretching & Walking with Shannon in the Sun Room 3:15 Rosh Hashanah True or False & More with Shannon in the Corner Room  Rosh Hashanah (first day)	 <h1 style="font-family: cursive;">September 2019</h1>				

