

*We'll get you where you want to be—
stronger, healthier and back home.*

When you are in need of short-term rehabilitation programs and services, Loretto is here for you. Our state-of-the-art facilities in Syracuse and Auburn allow you to recover from surgery, illness or injury quickly, and with great care in a warm, comfortable environment. It's not quite home, but we'll make you as comfortable as possible until you can return to yours.



Find out why Loretto has the most comprehensive, successful rehabilitation in Central New York with the best performance for getting you back on your feet quickly.

*Make Loretto your only choice
for rehabilitation.*



*To learn more or to schedule a tour, please
contact one of our rehabilitation facilities below:*



*Loretto Health & Rehabilitation
700 East Brighton Avenue
Syracuse, New York 13205
315.413.3400*

lorettocny.org



*The Commons on St. Anthony
3 Saint Anthony Street
Auburn, New York 13021
315.253.0351*

We accept Medicare, Medicaid, private payment and most managed care plans.

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*Short-Term
Rehabilitation Services
at Loretto Health & Rehabilitation*

Getting You Stronger, Healthier and Home





The Most Expansive Services for Rehabilitation in the Area – 7 days a week

Loretto is the only rehabilitation program in the area to offer the most comprehensive services to support even the most challenging rehabilitation needs, whether its cardiac, neurological, or:

- Physical Therapy
- Post-Surgical Recovery
- Occupational Therapy
- Diabetes Management
- Orthopedic Rehabilitation
- Intravenous Therapy
- Pulmonary Care
- Respite Care
- Speech Therapy
- Stroke Rehab
- Wound Care
- Pain Management
- Recreational Therapy
- Cardiac Care
- Infectious disease Management



No Surprises – Know What to Expect Throughout Your Program

Your care plan will focus on all aspects of your recovery, from your exercise regimen, to teaching you the skills you need to be on your own. This might include:

- Functional strengthening exercises
- Training in mobility and using a wheelchair
- Pain/Medication Management
- Joint Protection and Fall Prevention
- Community safety tips and home modification suggestions
- Training in self-care activities and use of assistive devices
- Instruction for an in-home exercise program
- Incision care

And, before you leave, we ensure you, your family and any caregivers are fully educated on what's needed for you to return home.



Become Part of the Family.

Residents choose Loretto not just for our programs, but more importantly, our people.

Our compassionate, highly trained staff not only bring in the latest techniques to accelerate your therapy for a rapid recovery, they are keenly focused on all aspects of your physical and emotional well-being, making you comfortable, and feeling welcome, until you're strong enough to be on your own.

Our individualized rehabilitation programs are intense and will challenge you, helping you to build strength and independence, to get you back to functioning at 100% quickly.

Personalized Care That's Right For You.

You will work with an inter-disciplinary team to develop individualized care plans, and we want your family involved, so everyone knows what to expect, how your program is structured, and when you're therapy is complete. Together we'll celebrate your milestones, and do everything possible to more you through the process. Most residents who rehab with us can expect the process to last one to three weeks, depending upon your diagnosis.

Where You Spend Your Day Matters.

Our rehabilitation facilities feature:

- Spacious rehabilitation gym with lots of natural light
- Indoor walking track
- Full occupational therapy kitchen and bath
- Indoor/outdoor walking surfaces to prepare for all conditions at home
- Occasional visits from our pet who offer therapeutic benefits our residents love

And, when you're not in rehab, you can enjoy a number of amenities during your stay:

- Private, air conditioned rooms
- Free WiFi and 75 channels of cable TV
- Bedside phone service
- Housekeeping services
- Recreational activities and outings
- Spiritual services and an on-site Chapel
- A gift shop with snacks and sundries
- Transportation assistance as needed
- Guest meals for loved ones
- Access to computers
- Outdoor walking trails and gardens with seating to spend time with visitors
- And even free parking for your family

Our residents enjoy participating in a wide variety of our daily recreational activities designed for socialization and active engagement, whether it's live entertainment, craft projects, interactive games, pet therapy and much more.