



I have benefited from Loretto's family of care for more than 15 years. I started at Fahey Rehab, after I got out of the hospital. At the time, I was unable to move anything but my neck. Within 18 months, I was walking with a walker... a small miracle. My husband and I chose assisted living at Sedgwick Heights because it was the only available place where couples could share a room. After 53 years together, we would not be separated. Sadly, he has since passed away but my family is as much a part of my Sedgwick home as I am.

Sedgwick Heights is special because of the staff and the concern the management has for all of us. I have my independence, my friends and my family.

—Norine F. Crary
Resident

Sedgwick Heights

Assisted Living



To learn more or to schedule a tour of Sedgwick Heights, please contact:

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Sedgwick Heights
315.413.3238
areinertsen@lorettosystem.org

Sedgwick Heights Assisted Living
1100 James Street
Syracuse, New York 13203
315.475.4388
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Sedgwick Heights offers three residential programs based on the Level of assistance needed.

Adult Home Program:

Our Adult Home Program provides services for residents who require some assistance with daily living activities at an affordable monthly rate. They include:

- *Three meals in our dining room daily*
- *Weekly laundry and housekeeping services*
- *Care management*
- *Personal care assistance (bathing, dressing, etc.)*
- *Medication monitoring*
- *Scheduling of medical appointments and transportation*
- *Access to nursing care 24 hours a day*
- *Emergency Response System*
- *Personal safety checks*
- *Case management (counseling and referrals)*

Respite Stay:

Respite Stay is available to individuals who need a temporary living setting with support services, such as immediately after a hospital stay, or while family members or caregivers are away.

Assisted Living Program:

Our Assisted Living Program is for medically stable individuals who qualify for placement in a nursing home facility and are eligible for Medicaid. It includes all of the services provided by our Enriched Living Program Listed to the left, plus:

- *Reminders and escorts to meals*
- *Assistance with oxygen therapy and glucose monitoring*
- *Toileting assistance*
- *Assistance with occasional transfers*



Sedgwick Heights Assisted Living offers a dynamic and supportive environment in which people who need help with activities of daily living can thrive. A part of the Loretto family since 1999, we provide services that enable adults who are medically eligible for placement in a nursing home to remain in a homelike setting. At Loretto's Sedgwick Heights, you can trust the name and you can trust the care.

*—Amanda Stopper
Sedgwick Heights Administrator*