

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019 Sedgwick Heights



9:45-Wacky Exercise with Clarice & Amy
11:00-Green Nail Polish with Clarice & Amy
12:00-St. Patty Trivia with Clarice & Amy
2:00-Green Beer Social with Clarice & Amy 🍺

1
Friendly's
9:00- with Clarice & Amy
2:00-Movie with Friends

10:00-Rummy with Friends **3**
12:00-Coloring with Friends
2:00-Protestant Service with Rev. Sapp(resident)
3:00-Rosary with Anne(resident)

4
9:45-Exercise with Clarice
11:00-Manicure -Clarice
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Clarice & Margie
7:00-Bible Study with Kolb

5
9:30-Taco Tuesday Cooking Class-/Clarice & Amy
11:00-Trivia with Amy
12:00-Brain Games-Clarice
2:00-Mardi Gras Party with Clarice & Amy
Mardi Gras

6
10:00-Ash Wednesday Service
11:00-Trivia & Treats with Clarice & Amy
2:00-Bowling & Beverages with Clarice & Amy
5:00-Rummy with Friends
Ash Wednesday

7
9:30-Crafts with Clarice & Amy
11:00-Quick Trivia with Amy
11:00-Chicken Soup for The Soul with Clarice
2:00-BINGO with Clarice, Amy & Margie
6:00-Cards with Friends

8
9:45-Exercise with Clarice
11:00-Manicures with Amy
12:00-Scrabble with Friends
2:00-New Entertainment
By: Frank Rhodes 🎸

9
9:30-Edible Craft with Amy
11:00-Pokeno with Amy
12:00-Coloring with Friends
2:00-Cards with Friends

10:00-Rummy with Friends **10**
12:00-Coloring with Friends
2:00-Protestant Service with Rev. Sapp(resident)
3:00-Rosary with Anne(resident)
Daylight Saving Time Begins

11
9:45-Exercise with Clarice
11:00-Manicure with Amy
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Clarice, Amy & Margie
7:00-Bible Study with Kolb

12
9:30-Lucky Charm Cereal with Amy 🍲
11:00-Quick Trivia with Amy
12:00-Rummy with Friends
2:00-Luck of the Irish Movie with Amy 🍀

13
9:45-Exercise with Amy
11:00-News with Amy
12:00-Rummy with Friends
2:00-You Be The Judge with Amy
5:00-Cards with Friends

14
9:30-Crafts with Amy
11:00-Quick Trivia with Amy
2:00-BINGO with Amy & Margie
6:00-Cards with Friends

15
9:45-Exercise with Amy
11:00-Manicures with Amy
12:00-Rummy with Friends
2:00-St. Patrick's Day Party with Amy

16
St. Patrick Parade on T.V.


10:00-Rummy with Friends **17**
12:00-Coloring with Friends
2:00-Protestant Service with Rev. Sapp(resident)
3:00-Rosary with Anne(resident)
St. Patrick's Day

18
9:45-Exercise with Clarice
11:00-Manicure with Amy
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Clarice, Amy & Margie
7:00-Bible Study with Kolb

19
9:30-Taco Tuesday Cooking Class-/Clarice & Amy
11:00-Trivia with Amy
12:00-Brain Games-Clarice
2:00-Fresh Fruit Social with Clarice & Amy

20
10:00-Communion with Sister Ann
11:00-Hand Massages with Clarice & Amy
2:00-Welcome Spring Party with Clarice & Amy 🌸
Spring Begins

21
9:45-Craft with Amy
11:00-Manicure with Amy
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Amy & Margie
7:00-Bible Study with Kolb
Purim

22
9:45-Exercise with Clarice
11:00-Manicures with Amy
2:00-Happy Hour with Clarice & Amy
4:00-Rummy with Friends
5:00-Golden Corral with Clarice & Amy

23
9:00-Flavored Coffee with Clarice
10:00-Decorating our own donuts-Clarice
11:00-Coloring Contest with Clarice
2:00-Movie with Friends

10:00-Rummy with Friends **24**
12:00-Coloring with Friends
2:00-Protestant Service with Rev. Sapp(resident)
3:00-Rosary with Anne(resident)

25
9:45-Exercise with Clarice
11:00-Manicure with Amy
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Clarice, Amy & Margie
7:00-Bible Study with Kolb

26
9:30-Taco Tuesday Cooking Class-/Clarice & Amy
11:00-Trivia with Amy
12:00-Brain Games-Clarice
2:00-New Resident Social Ice Cream Party with Clarice & Amy

27
9:45-Exercise with Clarice
11:00-Hand Massage with Amy
12:00-Dominoes Game with Joe (resident)
2:00-Resident Council Meeting with Norine
2:30-Birthday Bash -C & A

28
9:45-Exercise with Clarice
11:00-Manicure with Amy
12:00-Connect Four with Estelle
2:00-BINGO 🎲 with Clarice, Amy & Margie
7:00-Bible Study with Kolb

29
9:45-Exercise with Clarice
11:00-Manicures with Amy
12:00-Rummy with Friends
2:00-Happy Hour with Clarice & Amy
4:00-Chatting with Friends
7:00-Card Club with Friends

30
10:00-Coloring with Friends
11:00-Table Games with Friends
12:00-Cards with Friends
2:00-Movie with Friends

10:00-Rummy with Friends **31**
2:00-Protestant Service with Rev. Sapp(resident)
3:00-Rosary with Anne(resident)



Clarice Mackey-Recreation Supervisor
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Please refer to activity boards located on each floor for location of programs