

2019 Summer Menu

DAY 1 Monday	DAY 2 Tuesday	DAY 3 Wednesday	DAY 4 Thursday	DAY 5 Friday	DAY 6 Saturday	DAY 7 Sunday
<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Scrambled Eggs Belgian Waffle Sticks w/ Syrup</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cream of Rice Cheese Omelet Bagel</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cheesy Cheddar Grits Hard Cooked Egg Hash Brown Patty</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cream of Wheat Scrambled Eggs Sausage Links Blueberry Muffin</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cinnamon Raisin Oatmeal Scrambled Eggs w/ Cheese or Hard Cooked Egg Jelly Donut</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Grits Western Omelet Shredded Hash Browns w/ Cheese</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Scrambled Eggs Pancakes w/ Syrup Bacon</p>
<p>BBQ Chicken Drum Sticks Salt Potatoes Green Cut Cabbage</p> <p>Cookies & Cream Mousse NCS – Same</p>	<p>Turkey Salad Cold Plate w/ Potato Salad, Four Bean Salad and Corn Muffin</p> <p>Ice Cream Sandwich NCS – SF Ice Cream</p>	<p>Zweigles Skinless Hot Dog on New England Roll Baked Beans Mixed Vegetables</p> <p>Peach Mousse NCS – Same</p>	<p>Swiss Cheeseburger Potato Chips Corn on the Cob</p> <p>Frosted Brownie NCS – Same ½ slice</p>	<p>Spaghetti w/ Meatballs Italian Vegetables Garlic Bread</p> <p>Pound Cake w/ Cherry Topping NCS – Same</p>	<p>Crispy Chicken w/ Lettuce and Tomato on Bun Parmesan Buttered Noodles Yellow Squash Chocolate Pudding w/ Whipped Topping NCS – Diet Chocolate Pudding w/ Whipped Topping</p>	<p>Roast Turkey w/ Gravy Corn Bread Stuffing Zucchini & Tomatoes Cranberry Sauce</p> <p>Lemon Meringue Pie NCS – Same ½ Slice</p>
<p>Ham Sandwich Turkey Salad Sandwich</p>	<p>Bologna Sandwich Egg Salad Sandwich</p>	<p>Turkey Sandwich Ham Salad Sandwich</p>	<p>Roast Beef Sandwich Chicken Salad Sandwich</p>	<p>Turkey Sandwich Tuna Salad Sandwich</p>	<p>Chicken Sandwich Egg Salad Sandwich</p>	<p>Ham Sandwich Turkey Salad Sandwich</p>
<p>Chicken Noodle Soup Crackers</p> <p>Sausage w/ Peppers & Onions Macaroni Salad Peas & Onions</p> <p>Peaches NCS – Same</p>	<p>Vegetable Soup Crackers Open Roast Beef Sandwich w/ Gravy Whipped Potatoes Diced cucumber w/ Red Pepper Salad</p> <p>Cantaloupe NCS – Same</p>	<p>Tuscan White Bean Soup/ Crackers</p> <p>Goulash Green Beans Croissant</p> <p>Blushing Pears NCS – Same</p>	<p>Broccoli Cheese Soup Crackers</p> <p>Macaroni and Cheese Stewed Tomatoes</p> <p>Warm Cinnamon Apple Slices NCS – Same</p>	<p>Chicken Rice Soup Crackers</p> <p>Fried Fish Crinkle Cut French Fries Coleslaw</p> <p>Watermelon NCS – Same</p>	<p>Minestrone Soup Crackers</p> <p>Individual Cheese Pizza Garden Salad</p> <p>Mandarin Oranges NCS – Same</p>	<p>Cream of Potato Soup Crackers</p> <p>Salisbury Steak Buttered Noodles Spinach</p> <p>Fruit Cocktail NCS – Same</p>

Week One Menu

Dates:

- June 3rd - 9th
- July 24th – 21st
- August 5th – 11th
- August 26th – September 1st

Meal Includes:

- 8 oz. Milk
- Coffee
- Tea
- Variety of Juices

Available Every Day:

- Tossed Salad
- Cottage Cheese
- Applesauce
- Variety of Fruit

Meal Portions:

- Meat/Protein: 2-3 oz.
- Fruit/Vegetable: 4 oz.
- Toast: 2 slices
- Starch: 4 oz.
- Bread: 1 slice
- Juice: 6 oz.
- Soup: 6 oz.

2019 Summer Menu

DAY 8 Monday	DAY 9 Tuesday	DAY 10 Wednesday	DAY 11 Thursday	DAY 12 Friday	DAY 13 Saturday	DAY 14 Sunday
<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Scrambled Eggs & Ham Banana Bread</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cream of Rice Scrambled Eggs Bran Muffin</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Egg, Sausage & Cheese Croissant</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cream of Wheat Hard Cooked Egg Sausage Links Bagel</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Scrambled Eggs Waffles w/ Syrup</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cheesy Grits Scrambled Eggs Hash brown Patty</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Scrambled Eggs French Toast Sticks Bacon</p>
<p>Philly Steak w/ Peppers & Onions On Hoagie Home Fries Spring Mix Salad</p> <p>Pineapple Coconut Ambrosia Salad NCS – Same</p>	<p>Ravioli w/ Meatball Carrot Coins Garlic Bread</p> <p>Honeydew Melon NCS – Same</p>	<p>Chicken Salad Cold Plate w/ Fruit Cocktail, Black Bean & Orzo Salad & Dinner Roll</p> <p>Strawberry Ice Cream NCS – Diet Ice cream</p>	<p>Beef Stew over Biscuit Collard Greens</p> <p>Carrot Cake NCS-Same ½ slice</p>	<p>Chicken Parmesan Pasta w/ Sauce Broccoli</p> <p>Strawberry Shortcake NCS – Diet Strawberry Shortcake</p>	<p>Sausage Patty w/ Peppers and Onions Garlic Bowtie Pasta Garden Salad</p> <p>Cheese Streusel Muffing NCS –Blueberry Muffin</p>	<p>Lasagna Roll w/ Meatballs Asparagus Cuts</p> <p>Chocolate Eclair NCS – Diet Vanilla Pudding w/ Nilla Wafer</p>
<p>Bologna Sandwich Egg Salad Sandwich</p>	<p>Turkey Sandwich Ham Salad Sandwich</p>	<p>Roast Beef Sandwich Chicken Salad Sandwich</p>	<p>Chicken Sandwich Turkey Salad Sandwich</p>	<p>Turkey Sandwich Egg Salad Sandwich</p>	<p>Bologna Sandwich Tuna Salad Sandwich</p>	<p>Ham Sandwich Turkey Salad Sandwich</p>
<p>Pasta Fagioli Soup Crackers</p> <p>Roasted Chicken on Bone Whipped Potatoes Italian Green Beans</p> <p>Milano Cookie NCS – Same</p>	<p>Chicken Rotini Soup Crackers</p> <p>Macaroni & Cheese Zucchini & Tomatoes</p> <p>Rice Pudding NCS – Diet Vanilla Pudding</p>	<p>Chicken Corn Chowder Crackers</p> <p>Tuna Bowtie Salad Mandarin Spinach Salad</p> <p>Crushed Pineapple NCS – Same</p>	<p>Bean & Ham Soup Crackers</p> <p>Seafood Salad on Kaiser Roll Salt Potatoes Corn on the Cob</p> <p>Fruit Cocktail NCS – Same</p>	<p>Summer Vegetable Soup Crackers</p> <p>Hoffman Hot Dog or Coney on Bun Rice & Beans Carrot Coins</p> <p>Pears NCS – Same</p>	<p>Chicken Noodle Soup Crackers</p> <p>Chicken Caesar Salad Coleslaw</p> <p>Mandarin Oranges NCS – Same</p>	<p>Tomato Pastina Soup Crackers</p> <p>Swiss Burger w/ Lettuce & Tomato Tator Tots Chuck Wagon Blend Vegetables. Peaches NCS – Same</p>

Week Two Menu

Dates:

- May 20th – 26th
- June 10th – 16th
- July 1st – 7th
- July 22nd – 28th
- August 12th – 18th

Meal Includes:

- 8 oz. Milk
- Coffee
- Tea
- Variety of Juices

Available Every Day:

- Tossed Salad
- Cottage Cheese
- Applesauce
- Variety of Fruit

Meal Portions:

- Meat/Protein: 2-3 oz.
- Fruit/Vegetable: 4 oz.
- Toast: 2 slices
- Starch: 4 oz.
- Bread: 1 slice
- Juice: 6 oz.
- Soup: 6 oz.

2019 Summer Menu

DAY 15 Monday	DAY 16 Tuesday	DAY 17 Wednesday	DAY 18 Thursday	DAY 19 Friday	DAY 20 Saturday	DAY 21 Sunday
<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Cheesy Scramble Apple Muffin</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cream of Rice Scrambled Eggs Cinnamon Donut</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Hard Cooked Egg Pancakes w/ Syrup</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit Cream of Wheat Scrambled Eggs Sausage Links Mixed Berry Bread</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Oatmeal Cheese Omelet or Scrambled Eggs Home fries</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit</p> <p>Cheesy Grits Egg & Cheese on Croissant</p>	<p>Assorted Juices Assorted Breads Assorted Cereals Assorted Fruit Oatmeal Scrambled Eggs French Toast Sticks w/ Syrup Bacon</p>
<p>Open Face Hot Turkey Sandwich w/ Gravy Buttered Rice Maui Blend Vegetables</p> <p>Angel Food cake w/ Lemon Pudding w/ Topping NCS – Same w/ Diet Lemon Pudding</p>	<p>Pot Roast Whipped Potatoes Brussel Sprouts</p> <p>Crushed Pineapple NCS – Same</p>	<p>Stuffed Shells with Meatballs Butternut Squash Garlic Bread</p> <p>Cantaloupe NCS – Same</p>	<p>Smothered Pork Chop w/ Gravy Potato Salad Peas & Onions</p> <p>Double Chocolate Muffin NCS- Apple Muffin</p>	<p>Boneless BBQ Pork Spare Ribs Buttered Noodles Beets</p> <p>Watermelon NCS – Same</p>	<p>Breaded Veal Cutlet w/ Mushroom Gravy Seasoned Vegetable Rice Chuck Wagon Blend Vegetables</p> <p>Lemon Mousse NCS – Same</p>	<p>Chicken Cordon Bleu Scalloped Potatoes Cream Style Corn</p> <p>Banana Cream Pie NCS – Same ½ Slice</p>
<p>Salami Sandwich Ham Salad Sandwich</p>	<p>Roast Beef Sandwich Egg Salad Sandwich</p>	<p>Ham Sandwich Turkey Salad Sandwich</p>	<p>Turkey Sandwich Chicken Salad Sandwich</p>	<p>Chicken Sandwich Tuna Salad Sandwich</p>	<p>Bologna Sandwich Egg Salad Sandwich</p>	<p>Turkey Sandwich Ham Salad Sandwich</p>
<p>Summer Squash Soup Crackers</p> <p>Beef Stroganoff w/ Noodles Crinkle Cut Zucchini</p> <p>Blueberries w/ Whipped Topping NCS – Same</p>	<p>Corn & Zucchini Soup Crackers</p> <p>Tuna Salad Cold Plate w/ Mac Salad, Diced Pears and Dinner Roll</p> <p>White Chocolate Mousse NCS – Same</p>	<p>Beef Vegetable Soup Crackers</p> <p>Fried Fish Square on Bun w/ Tomato Roasted Seasoned Potatoes Wax beans Peanut Butter Cookie NCS – Shortbread Cookie</p>	<p>Chicken Noodle Soup Crackers</p> <p>Macaroni & Cheese Mixed Vegetables</p> <p>Mandarin Oranges NCS – Same</p>	<p>Lentil Soup Crackers</p> <p>Seafood Salad on Croissant Sweet N Sour Cabbage</p> <p>Peach Crisp NCS – Diet Peach Crisp</p>	<p>Chicken Tortilla Soup Crackers</p> <p>Hoffman Hot Dog Spiral French Fries Collard Greens w/ Black Eyed Peas</p> <p>Fruit Cocktail NCS – Same</p>	<p>Italian Wedding Soup Crackers</p> <p>Julienne Salad Marinated Tomato Salad Corn Muffin</p> <p>Pears NCS – Same</p>

Week Three Menu

Dates:

- May 27th – 2nd
- June 17th – 23rd
- July 8th – 14th
- July 29th – August 4th
- August 19th – 25th

Meal Includes:

- 8 oz. Milk
- Coffee
- Tea
- Variety of Juices

Available Every Day:

- Tossed Salad
- Cottage Cheese
- Applesauce
- Variety of Fruit

Meal Portions:

- Meat/Protein: 2-3 oz.
- Fruit/Vegetable: 4 oz.
- Toast: 2 slices
- Starch: 4 oz.
- Bread: 1 slice
- Juice: 6 oz.
- Soup: 6 oz.